

The CENTRO

Official Weekly Bulletin



Honorable Mention, ROTARIAN PHOTO CONTEST 2019
Photographer : Roberta Kayne , Rotary Club of Dublin A.M., Ohio

Rotary



Club of Sta. Rosa Centro

The Rotary Club of Sta. Rosa Centro meets at :

El Cielito Hotel, Sta. Rosa-Tagaytay Road, Sta. Rosa, Laguna every 1st & 3rd Friday of the month at 7:00pm.

Club website: www.rcstarosacentro.org

Club e-mail : rcstarosacentro@outlook.com

Officers & Directors, Rotary Year 2019-2020

Officers

CP Ma. Cecilia "Cecile" Gabatan	President
PE Enrico "Rico" Robles	President Elect
PP Mary Ann "Maan" Gonzales	Vice President
PP Priscila "Precy" dela Cruz	Secretary
PP Carolina "Carol" Salvahan	Treasurer
PP Hazel "Hazel" Ramos	Auditor
PP Cheryl "Che" Lu	Sgt at Arms
PP Joel Liza "Liza" Pineda	Executive Secretary

Club Committees

PE Enrico "Rico" Robles	Club Administration
IPP Michelle "Michelle" Baldemor	Membership

COMMUNITY SERVICE

PP Geralyn "Jay" Dee	Economic & Community
PP Evelyn "Evs" Laranga	Peace & Conflict
PP Maya Padiernos	Water and Sanitation
Rtn Belinda Barroga	Basic Educ & Literacy
Rtn Gloria Bedienes	Disease Prev & Treatment
PP Teodora "Doray" Lucero	Maternal & Child Health
Rtn Sheila Sarmiento	Environmental Concerns
Rtn Joseph Ray "JayR" Alcala	Vocational
Rtn Heylie Lu	Youth
PP Elenita "Leny" Burke	International
PP Jacqueline "Jacqui" Victoria	The Rotary Foundation
PP Cong. Arlene Arcillas	Public Image
Rtn Mayor Dan Fernandez	
Rtn Star Piccio	
PDG Consuelo "Chit" Lijauco	Club Trainer



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**The Rotary Club of Sta. Rosa Centro
Regular Weekly Meeting
El Cielito Inn**

**PROGRAM
October 11, 2019**

Call to Order	ChP Cecile Gabatan
Invocation	Rtn Joaquin Gonzales
National Anthem	PN Shiela Santillan
Four-way Test	Rtn Danilo Bendong
Object of Rotary	Rtn Bel Barroga
Acknowledgment	PP Liza Pineda
Secretary's Report	PP Precy dela Cruz
Treasurer's Report	PP Carol Salvahan
Committee Reports	Committee Chairpersons
President's Time	ChP Cecile Gabatan
Adjournment	ChP Cecile Gabatan
Centro Hymn	

**Chairman of the Night
PP Evs Laranga**

**If any person is unable to fulfill their positions as above please
make arrangements with another Rotarian to take your place.**

Invocation

Lord, bless this gathering of fellow Rotarians today. Please help us to see those in need and give us the strength and wisdom to serve our community as we should. Help us to lift the burdens of others while we maintain the dignity of humankind. Soften our hearts to be sensitive and loving as we serve together as Rotarians. Amen.

OBJECT OF ROTARY



As a Rotarian, I will

- 1) Act with integrity and high ethical standards in my personal and professional life
- 2) Deal fairly with others and treat them and their occupations with respect
- 3) Use my professional skills through Rotary to: mentor young people, help those with special needs, and improve people's quality of life in my community and in the world
- 4) Avoid behavior that reflects adversely on Rotary or other Rotarians
- 5) Help maintain a harassment-free environment in Rotary meetings, events, and activities, report any suspected harassment, and help ensure non-retaliation to those individuals that report harassment.



The Four Way Test

Of the things we think, say and do

1. Is it the **TRUTH** ?
2. Is it **FAIR** to all concerned ?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS** ?
4. Will it be **BENEFICIAL** to all concerned ?

♪♪ *Sweet Rotary* ♪♪ (The Centro Hymn)

When it began
I can't believe it happened
But then I know it's going strong
2001
That's when it came to being
Who'd have believed
we'll grow to be...

*Hands, touching hands
*Reaching out, touching me,
*touching you
*Sweet Rotary
*Sta. Rosa Centro's good
*I've been inclined
*To believe we're going strong
*And now, I...

Look all around
So many help is needed
C'mon, together I know we could
And when we hurt,
We can just smile and bear it
'Coz we were born
to serve and be....

Warm, touching warm
Reaching out, touching me,
touching you
*Sweet Rotary
*Sta. Rosa Centro's good
*We're going strong
*We are here for all of you
And now, I...
(Repeat *)

RC Centro's GREAT!



President's Message

Dear Centronians,

September 20, we had our election for next year's President at the same time we elected for the 2 rotarians running for DGE. We decided and firmed our decision. Elections may be one of the more difficult activities that one has go thru as the impact is great. But everyone (or at least a majority) in the club was able to voice out their opinion and that's democracy.

From September 27 to September 29, our sister club RC Wodonga West visited us and it was a truly busy weekend as we had to show them the project that they funded which is the Barangay Ibaba Livelihood Community on Meat Processing and another project which was scheduled on the day of their visit, this is the Musikabataan, Musikapayapaan . And of course, the fellowship that follows. We look forward to their visit again next year.

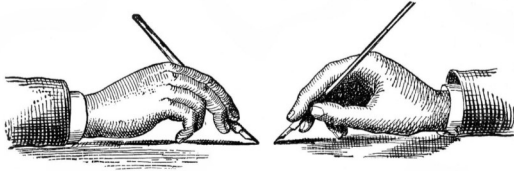
Though every club activity that happened and bound to happen in the future, truly the support of Centronians is overwhelming. A truly supportive club just makes you want to deliver their expectations which I hope I did.

Yours in Rotary,

Cecile Gabatan
Champion President

"To be champion requires more than simply being a strong player; one has to be a strong human being as well. " Anatoly Karpov

Editorial



On Parenting

Books and seminars abound on the topic of parenting. Truth is all these materials may serve as a guide but one thing for sure, parents and children have their own individual characteristics that cannot be categorized and given fixed rules.

When I was younger and trying to build my own individuality, there was a point when you just try to be different from your siblings, and try the best you can that the person you are growing into is the person your parents want you to grow into. Some kids I know growing up and trying to be their own person is equivalent to rejecting everything their parents love doing and not being what their parents wants them to be.

A sibling of mine was not able to finish college because as he would put it, he hasn't found where his passion is. He shifted from course to course and finished none. Eventually marrying and separating at a young age. What could parents do? Is there something in the books that could have prevented that. Probably none.

We have are all grown now and have kids of our own. I have not read a single book nor attended a single seminar on parenting but I think I have raised my son well. My parents have taught me well, not that they know it. We just go with the flow.

The Editor



ROTARY INTERNATIONAL
News & Updates

PROVIDING CLEAN WATER

Addressing a critical long-term need such as access to clean water helps build relationships and trust with community members. Within camps for displaced people, vaccinators are sometimes met with frustration. “People say, ‘We don’t have water, and you’re giving us polio drops,’” Tunji Funsho explains. Rotary and its partners responded by funding 31 solar-powered boreholes to provide clean water in northern Nigeria, and the effort is ongoing. At left, women and children collect water from a borehole in the Madinatu settlement, where about 5,000 displaced people live.

Supplying clean water to vulnerable communities is a priority of the PolioPlus program not only in Nigeria, but also in Afghanistan and Pakistan — the only other remaining polio-endemic nations, or countries where transmission of the virus has never been interrupted. “Giving water is noble work also,” says Aziz Memon, chair of Rotary’s Pakistan PolioPlus Committee.





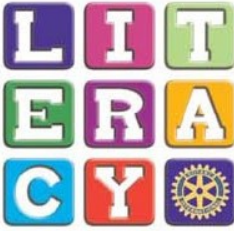
ROTARY INTERNATIONAL News & Updates

Access to safe drinking water is also an important aspect of the GPEI's endgame strategy, which encourages efforts that "ensure populations reached for polio campaigns are also able to access much-needed basic services, such as clean water, sanitation, and nutrition." The poliovirus spreads through human waste, so making sure people aren't drinking or bathing in contaminated water is critical to eradicating the disease. Bunmi Lagunju, the PolioPlus project coordinator in Nigeria, says that installing the boreholes has also helped prevent the spread of cholera and other diseases in the displaced persons camps.

Communities with a reliable source of clean water enjoy a reduced rate of disease and a better quality of life. "When we came [to the camp], there was no borehole. We had to go to the nearby block factory to get water, and this was difficult because the factory only gave us limited amounts of water," says Jumai Alhassan (pictured at bottom left bathing her baby). "We are thankful for people who provided us with the water."



Source : www.rotary.org



ROTARY CORNER

Friendship Trees

Rotarians have planted trees in the name of fellowship, friendship, and community service since the early 20th century. These trees, which can be found worldwide, have grown into enduring monuments of Rotary’s ideals.

As president emeritus, Paul Harris traveled extensively during the 1920s and 1930s, often accompanied by his wife Jean. During these trips, the nature-loving Harris planted trees to symbolize goodwill and friendship.

In the Autumn of 1932 Harris embarked on a five-week tour of European Rotary clubs and planted trees along the way and recorded in his diary -

“Wednesday forenoon I planted my first tree of friendship in European soil. It seemed to me especially appropriate that it took place in Germany—in its metropolis—Berlin. The planting occurred in a sports platz formerly devoted to war purposes, and a large number including Rotarians, city officials, and others were in attendance.”

Harris also planted trees in Tallinn, Estonia, and Göteborg, Sweden, during this trip.



Source : <http://portal.clubrunner.ca/8104/Stories/historic-rotary-moments-friendship-trees>

Centro FOCUS

RC Wodonga West Visit at Barangay Ibaba Livelihood Community on Meat Processing Sep 28, 2019



RC Wodonga West Visit at Musikabataan,



Centro FOCUS

Fellowships



Vue Bar at Belleview, Sep 27, 2019



Music Plus Paseo de Sta Rosa, Sep 28, 2019



Dinner & Sister Club Agreement Signing at Concha's, Sep 28, 2019

CENTRO in Focus

Connecting the World : A Mural Art Competition

Reading is the most important skill in learning. It requires passion, love and innovation in order to effectively bestow this skill to the diverse learners. To foster this, a synergic project of Rotary Club of Santa Rosa Centro, Kansai Paint and Caingin Elementary School prospered



which aimed to recognize the creativity, talents and skills of the learners while promoting the genuine love of reading and beautifying the school through mural painting.

CONNECTING THE WORLD : MURAL ART COMPETITION

Rotary Club of Santa Rosa Centro

Mural Art Competition
"Connecting the World"

23 September 2019
Caingin Elementary School
City of Sta. Rosa, Laguna

KANSAI PAINT

Rotary Club of Santa Rosa Centro

1

2

3

KANSAI PAINT

Rotary Club of Santa Rosa Centro

Caingin Elementary School

BUSINESS

Rotary Club of Santa Rosa Centro

Caingin Elementary School

Rotary
District 3820



**RI District 3820
News & Updates**

Polio outbreak Immediate action:

1. Identify the key role takers in the planned action. Such as but nit limited to: City health officers, DSWD (day care centers), ABC President (rep of brgy captains, Head BHWs, etc.
2. Coordinate with the key role takers. Establish directory.
3. Conduct meeting - Discuss the status of polio vaccination - Check availability of the vaccines - Discuss what Rotary Club can do of help - Identify other things that City Health officers needed in the facilitation of vaccination, info campaign and hand washing campaign - Formulte timeline - Define roles and responsibilities of each key role takers - Finalize system of monitoring and recording of data to ensure success of the program
4. Implement program. - The city health office will be identifying the priority brgy bases on the data of polio vaccinations activities held - Brgy captain, tanods and BHWs will be in-charge in info dissemination on the date of vaccination. - Rotarians will be in-charge of the venue (usually can be at the daycare center or brgy hall), food of volunteers, demo of handwashing for kidz, info campaign to parents, provision of transpo to parents and children (if needed), provide hygiene kit - Manage data
5. Conduct post-mortem meeting in every event held for continual improvement of the program
6. Submit report to the district .





Reflections

“At our fireside, scores of friends from all corners of the globe have delighted us by their presence. They have come as the result of my planting a sapling in 1905. The first Rotary Club was that sapling. It has grown into a mighty tree in whose shade it is delightful to dwell.”



*“The best antidote for international fear is international understanding; the best way to cultivate international understanding is through business and social intercourse.” —
Message to 1928 Pacific Rotary Conference,
Tokyo, Japan*



For your Information

Heart Attack. What can be done?

What is a heart attack?
A heart attack is caused when a portion of the heart muscle loses its supply of blood partially or completely.

The symptom is severe chest pain

Damaged area

Blood supply is lost when the coronary arteries which supply the heart muscle with blood get blocked

Blood flow

What can be done

- 1 Call an ambulance. Paramedics will arrive within 10 minutes
- 2 Don't let the patient persuade you the problem is minor
- 3 Massage heart area, let him lie down with head slightly elevated
- 4 If properly trained and the need arises, begin CPR*

Contrary to popular opinion, heart attacks are not usually heralded by obvious or classic signs — such as the infamous “Hollywood” heart attack, in which a person clutches at his or her heart dramatically, doubled over with severe chest pain.

We all know the classic symptoms — pain, pressure, weakness, breaking out in a cold sweat.

Timing is the most critical factor for survival.



Secretary's Report

Minutes of the Meeting

September 20 2019, PP Zeny Dictado's Residence

Attendance: ChP Cecile Gabatan
 Sec PP Precy Dela Cruz
 PP Jackie Victoria
 PP Liza Pineda
 PP Cheryl Lu
 Rtn. Heylie Lu
 Rtn. Jeffrey Paasa

PP Carol Salvahan
 PP Doray Lucero
 PP Evs Laranga
 PP Maan Gonzales
 Rtn. Belinda Baroga
 Rtn. Larry Gonzales
 Baby Rtn. Allan Alano

President Josh and Secretary Matt of RC Wodonga West, Centro's sister club will arrive on September 26 to visit the livelihood project partnered by them and RCSRCentro. They will be picked up by PP Carol at their hotel on September 27. Sec Matt will be waiting for President Josh who will be coming from Thailand on the 27th. On the 28th, they will visit the ongoing livelihood project funded by their club the fellowship at Vue Bar, Bellevue, Alabang at night. PP Liza will bring Matt and Josh to Manila for a visit to a friend before going back to Wodonga, Australia.

ChP Cecile formally reported to the club that Rtn. Rico Robles declined the President-elect position and there's a need to fill up the position. The Counsel of Past Presidents met at Jeannie's Touch Bldg., PP Liza's office to resolve the whether PN Shiela will be accelerated to PE from being a PN since PN Shiela. The counsel decide to vote on this matter, which elect for another PE won over PN Shiela being accelerated to PE. Selection for a new PE voted by 5 PPs won over accelerating PE Shiela to PE position voted by 3 PPs

Resolution No. 2019-001. Resolved as it is hereby is resolved that Rtn. Rico Robles declined the PE position and that there will be a selection for a new PE position. 5 PPs voted for the selection of PE and 3 PPs voted for PN Shiela to be accelerated as PE.

Selection of President-elect was conducted at Zeny Dictado's residence initiated by PP Cheryl Lu nominating Rtn. Belinda Baroga followed by PP Carol who nominated PN Shiela. The selection was by secret balloting suggested by Rtn. Larry and Baby Rtn. Allan Alano acted as the counting officer. Through a fair process, Belinda Baroga got 9 votes while PN Shiela got 4 votes.

Secretary's Report

PP Precy Dela Cruz volunteered to be PN Shiela's secretary on her term in 2022-2023.

Resolution No. 2019-002. Resolved as it is hereby is resolved that selection of president elect held at Zeny Dictado's residence has had a result of Baroga-9 over PN Shiela who got 4 votes.
Resolved further that Rtn. Belinda Baroga is the new president elect of RCSRCentro for 2020-2021.

Mural Painting Project. Deliberation of mural painting contest will be held on September 27, 2019 as reported by ChP Cecile, the project was sponsored by Kansai Paints through Hon. member Myrna Valle

DGND Selection. It was decided to vote on who will be the club's choice on DGND position of the district. PP Jackie Victoria explained the selection for DGND to the new members, the selection followed. Rtn. Allan Alano again acted as an accounting officer, the method of election is through secret ballot. Vic Cantos of RC Downtown Batangas City got 10 votes while Angie Sunio of RC Pagsanjan got 4 votes.

Resolution No 2019-003. Resolved as it is hereby is resolved that RCSR-Centro will vote for Vic Cantos on DGND selection to be held sometime in October 2019.

The meeting was adjourned exactly at 11PM.
Minutes taken by PP Priscila dela Cruz



Treasurer's Report

Oct. 5, 2019
Induction Fee:

Jeffrey...Ph 1,500.00
Doray.....Ph 1,500.00
Hailey....Ph 2.085.00 (SAR/PRM)
Total Ph 5.085.00



What's coming up?

Friday, October 11

7:00pm **Business Meeting**

Saturday, October 12

Storytelling at Sta Rosa Library

Saturday, October 19

Release of VTT results

Friday, October 25

Deadline for end polio remittanc3

END POLIO DAY

7:00pm **Fellowship Meeting**

Saturday, October 26

12:00pm **Livelihood Audit**

Sunday, October 27

Happy Birthday!! Cecile Gabatan



Wednesday, October 30

Happy Birthday Larry Gonzales!!



Sunday, November 3

8:30am **Major Donor Lauriat Dinner**

Thursday, November 7

Happy Birthday!! Jackie Victoria



Friday, November 8

7:00pm **Business Meeting**

Next Meeting : Order of Business

**The Rotary Club of Sta. Rosa Centro
Regular Weekly Meeting
El Cielito Inn**

**P R O G R A M
October 25, 2019**

Call to Order	ChP Cecile Gabatan
Invocation	Rtn Larry Gonzales
National Anthem	Rtn Gloria Bedienes
Four-way Test	Rtn Shiela Santillan
Object of Rotary	Rtn Bel Barroga
Acknowledgment	PP Liza Pineda
Secretary's Report	PP Precy dela Cruz
Treasurer's Report	PP Carol Salvahan
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President's Time	ChP Cecile Gabatan
Adjournment	ChP Cecile Gabatan
Centro Hymn	

**Chairwoman of the Night :
PP Hazel Ramos**

Roster of Members

	Name	RotaryID	Classification	Birthdate
1	Joseph Rey Alcala	10080295	Events Management	Jun 7
2	Roselle Animo	9418286	IT Professional/Web Developer	Jun 11
3	Arlene Arcillas	8275828	City Mayor	Jul 31
4	Michelle Baldemor	8879856	Retail	May 01
5	Belinda Barroga	10422881	Retail	Jun 3
6	Gloria Bedienes	8612318	Trading	Apr 13
7	Danilo Bendong	6526107	Businessman	Apr 27
8	Priscila De la Cruz	5333454	Leasing	Aug 24
9	Ma. Geralyn Dee	8574451	Interior Design	Dec 09
10	Zenaida Dictado	6416676	Pallet Manufacturing	Sep 14
11	Danilo Fernandez	9757207	City Representative	Jan 14
12	Ma. Cecilia Gabatan	8612321	Real Estate Broker	Oct 27
13	Larry Gonzales	10651089	Education—Maritime	Oct 30
14	Lauro Gonzales	10651090	Seafarer	Jan 11
15	Mary Ann Gonzales	5333525	Cooperative	Mar 20
16	Paula Maria Gregg	9641847	Education	Sep 12
17	Evelyn Laranga	8465660	Education	Jul 25
18	Consuelo Lijauco	5333445	Magazine Editing	May 15
19	Cheryl Lu	5333496	Pest Control Services	Apr 17
20	Heylie Lu	9202750	Nurse	Mar 31
21	Teodora Lucero	8045358	Midwife	Sep 18
22	Elenita Ma	6261683	Dentist	Jan 10
23	May Grace Padiernos	5984127	Furniture Retail	May 06
24	Bituin Piccio	10601407	Businesswoman	Jan 21
25	Joel Liza Pineda	7019336	Human Resource Provider	Mar 30
26	Hazel Ramos	6165816	Money Lending	Jul 01
27	Enrico Robles	10226768	Banker	Nov 20
28	Aurelyn Salandanan	8773229	Obstetrics-Gynecologist	Mar 18
29	Carolina Salvahan	5333457	Window Fashion Contractor	Jul 04
30	Shiela Santillan	8574457	Restaurateur	Apr 02
31	Jacqueline Victoria	6556182	Watch Services	Nov 07



Attendance Report

Attendance

**Period : Sep 28 to Oct
10, 2019**

Total Membership	31
Members Present	26
Meetings Made-up	0
Leave/Senior	7
Total Attendance	26
Attendance Percentage	83%



Rotary Club of Sta. Rosa Centro

RID 3820 Club ID No. 55177
Make Up Card

We had the pleasure of having you as
our guest/visiting Rotarian

Name

Rotary Club

During our club meeting today

Date

Secretary Priscila dela Cruz

Special Observances

July 2019

Start of Rotary Year 2019-2020

August 2019

Membership and New Club Development Month

September 2019

Basic Education and Literacy Month

October 2019

Economic and Community Development Month

November 2019

The Rotary Foundation Month

December 2019

Disease Prevention and Treatment Month

January 2020

Vocational Service Month

February 2020

Peace and Conflict Prevention/Resolution

March 2020

Area of Focus: Water and Sanitation

April 2020

Area of Focus: Maternal and Child Health

May 2020

Youth Services Month

June 2020

Rotary Fellowships Month

Rotary

Club of
Sta. Rosa Centro



VISION

The Rotary Club of Sta. Rosa Centro is the place to be for **professionals** to nourish a culture of **service** while fostering lasting **friendships** and causing their own **development, growth, and empowerment.**

MISSION

The **Rotary Club of Sta. Rosa Centro** is committed to:

The care of **WOMEN and CHILDREN**, pioneering in programs that address their needs

The care and preservation of the **ENVIRONMENT**, providing clean and healthy surroundings for children to grow up in.

The spread of **LITERACY**, specifically for women and children.

Providing **LIVELIHOOD** training, specifically for the women members of the community.



*The **CENTRO** is published weekly as the official weekly program bulletin of the Rotary Club of Santa Rosa Centro, Rotary International District 3820, Club ID No. 55177. We are accepting contributions to the weekly club bulletin. Please submit your articles from Saturday to Wednesday at Email: ana_clariz06@yahoo.com. All contributions submitted later than the deadline will be included in the next week's issue. Only those articles submitted on or before the deadline will be included in the week's issue.*