

The CENTRO



Official Weekly Bulletin



Rotary Club of Sta. Rosa Centro RI District 3820

The Rotary Club of Sta. Rosa Centro meets at :

El Cielito Hotel, Sta. Rosa-Tagaytay Road, Sta. Rosa, Laguna every Friday at 7:00pm.

Club website: www.rcstarosacentro.org

Club e-mail : rcstarosacentro@outlook.com

Officers & Directors, Rotary Year 2018-2019

Officers

IP Michelle "Mich" Baldemor	President
PE Ma. Cecilia "Cecile" Gabatan	President Elect
PP Carolina "Carol" Salvahan	Vice President
PP Mary Ann "Maan" Gonzales	Secretary
PP Jacqueline "Jacqui" Victoria	Treasurer
PP Hazel "Hazel" Ramos	Auditor
PP Cheryl "Che" Lu	Protocol Officer
IPP Geralyn "Jay" Dee	Ex-Officio
Rtn Ma. Cecilia "Cecile" Gabatan	Executive Secretary

Club Committees

PP Joel Liza "Liza" Pineda	Club Administration
PP Carolina "Carol" Salvahan	Membership
PP Teodora "Doray" Lucero	Service Project
IPP "Geralyn "Jay" Dee	Community Service
Rtn. Enrico "Rico" Robles	Vocational
PP Evelyn "Evs" Laranga	Youth
PP Elenita "Leny" Burke	International
Rtn Sheila Santillan	International– Asst. Chair
PP Priscila "Precy" dela Cruz	The Rotary Foundation
PP Cong. Arlene Arcillas	Public Image
PDG Consuelo "Chit" Ljauco	Club Trainer



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**The Rotary Club of Sta. Rosa Centro
Regular Weekly Meeting
El Cielito Inn**

**P R O G R A M
August 31, 2018**

Call to Order	IP Michelle Baldemor
Invocation	IPP Jay Dee
National Anthem	Rtn Roselle Janolino
Four-Way Test	Rtn Joseph Alcala
Object of Rotary	Rtn Gloria Bedienes
Acknowledgment	PP Hazel Ramos
Secretary's Report	PP Maan Gonzales
Treasurer's Report	PP Jacqui Victoria
Committee Reports	Committee Chairpersons
President's Time	IP Michelle Baldemor
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Centro Hymn	

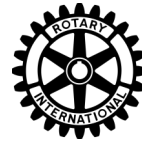
**Chairman of the Night
Rtn Rico Robles**

**If any person is unable to fulfill their positions as above please
make arrangements with another Rotarian to take your place.**



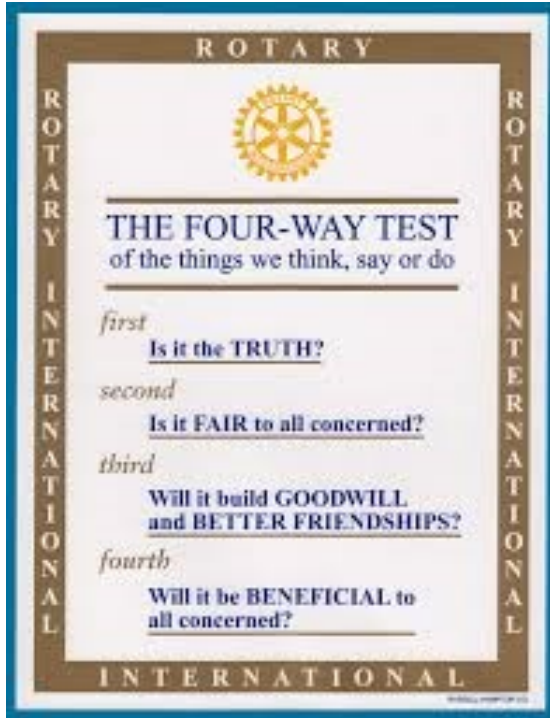
We thank you Lord for this Rotary meeting. We invoke your blessings on this meeting and all who grace it with their presence. Be with us this day and always by strengthening our belief to take action. A belief shared by all Rotarians to get involved in their communities and use their skills to help others. This prayer we make in Jesus name, Amen.

OBJECT OF ROTARY



The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- **FIRST:** The development of acquaintance as an opportunity for service;
- **SECOND:** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- **THIRD:** The application of the ideal of service in each Rotarian's personal, business, and community life;
- **FOURTH:** The advancement of international understanding, goodwill, and peace through a world fellowship of business and



♪♪*Sweet Rotary♪♪
(The Centro Hymn)

When it began
I can't believe it happened
But then I know it's going strong
2001
That's when it came to being
Who'd have believed
we'll grow to be...

*Hands, touching hands
*Reaching out, touching me,
*touching you
*Sweet Rotary
*Sta. Rosa Centro's good
*I've been inclined
*To believe we're going strong
*And now, I...

Look all around
So many help is needed
C'mon, together I know we could
And when we hurt,
We can just smile and bear it
'Coz we were born
to serve and be...

Warm, touching warm
Reaching out, touching me,
touching you
*Sweet Rotary
*Sta. Rosa Centro's good
*We're going strong
*We are here for all of you
And now, I...
(Repeat *)

RC Centro's GREAT!



President's Message

Hello dear Centronians!

The driving force in my presidency is the support I get from Centronians. Not to mention the support District Governor Boy Garcia, my classmates and the different other clubs.

Thank you Centronians for supporting the district fundraising concert most especially to Congresswoman Arlene Arcillas. Thank you as well to those who attended the PR & Membership Seminar last Aug 18. I do hope for your continued support for our other projects.

Yours in Rotary,

A handwritten signature in cursive script that reads "Michelle Baldemor".

Michelle Baldemor
Inspiring President
RY 2018-2019



EDITORIAL

Fellowship Meetings

Technically, fellowship means a “friendly association, especially with people who share one's interests”. Though this definition applies in rotary, fellowship meetings with rotary is a friendly association and a lot more. It is highly anticipated as it usually a camaraderie meet, a teambuilding as you would term it in the corporate world.

Probably, one of the greatest wish of a rotary president is to have a club that works well together. Camaraderie doesn't mean that all members are best friends and socialize on weekends or every free time they get . Instead, the idea is to build a level of trust, respect, and affection that enables easy and productive relationships.

The camaraderie that a rotary president would applaud is not the idealistic type that everyone likes everyone. Instead, this camaraderie wish is the willingness to communicate effectively, question authority, effectively solve problems, negotiate conflict, assist one another, and work together effectively and efficiently.

Truly, a club cannot produce good results without a sense of camaraderie. But however way we put it, this is a difficult task not just for the president but to all the club members. Hopefully, the fellowship meetings will do wonders to make this difficult task a possibility.

By: Rtn. Cecile Gabatan



ROTARY INTERNATIONAL
News & Updates

A challenge to clean the world's rivers

With the help of Vicente Paredes of the Rotary Club of San Pedro de Tlaquepaque, Mexico, who connected people and worked on logistics, the Rotary clubs of Ameca, Mexico, and of Rohnert Park-Cotati and South Ukiah, California, carried out the first Ameca River clean-up day in April 2014. They have since organized more cleanups of the river.

That project eventually expanded to become Cleaning the Rivers of the World, which has challenged Rotary clubs across the globe to clean up a river. The initiative has been adopted by the Water & Sanitation Rotarian Action Group as part of the Annual World Water Day Challenge, as well as by the Environmental Sustainability Rotarian Action Group. Rotarians have organized cleanup projects in Colombia, India, Nigeria, Peru, Turkey, and Venezuela, as well as in other parts of Mexico and the United States.

In 2018, Rico joined his fellow Rotarians in a project on the Lerma River. "As a kid, I always hoped that someday I could go home and do something to turn all the sewage into pristine waters," he says. "Now I can say, with a clear conscience, that I did everything I could to leave a better world for our kids."



Rotary



ROTARY INTERNATIONAL News & Updates

Rotary Youth Exchange

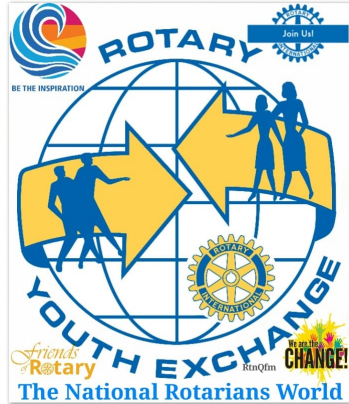
Builds peace one young person at a time.

Students learn a new language, discover another culture, and truly become global citizens. Exchanges for students 15 to 19 years old are sponsored by Rotary clubs in more than 100 countries.

What are the benefits?

Exchange students unlock their true potential to:

- * Develop lifelong leadership skills
- * Learn a new language and culture
- * Build lasting friendships with young people from around the world
- * Become a global citizen



How long do exchanges last?

Long-term exchanges last a full academic year, and students attend local schools and live with multiple host families.

Short-term exchanges last from several days to three months and are often structured as camps, tours, or homestays that take place when school is not in session.

What are the costs?

Room and board are provided, as well as any school fees. Each program varies, but students are usually responsible for:

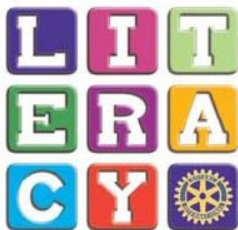
- * Round-trip airfare
- * Travel insurance
- * Travel documents (such as passports and visas)
- * Spending money and any additional travel or tours.

How can I apply?

Candidates are 15-19 years old and are leaders in their schools and communities. Contact your local Rotary club to see what exchange opportunities are available and what the application process involves.

Find a Rotary club near you

Source : www.rotary.org



ROTARY CORNER

**Membership Best Practices
(August is Membership Month)**

(continued from previous issue)

Engage current members

Use these resources to learn strategies that will keep members excited about Rotary:

Best Practices for Engaging Members — Take this Learning Center course to develop strategies for engaging people at all stages of membership.

Practicing Flexibility and Innovation — Take this Learning Center course to help you better serve the needs of members and prospective members.

Enhancing the Club Experience — Tailor this member satisfaction survey to get opinions on your club's future. Then act on the results and consider implementing your members' ideas.

Improving Your Member Retention — Learn when and why members leave your club and generate strategies to keep them engaged so they will stay.

Connect for Good — Encourage members to get involved in their club, community, and the Rotary world for a more meaningful experience.

Understanding Why Members Leave — Use this exit survey to address the reasons that members may be leaving your club.

Connect with prospective members

Use the strategies and ideas in these resources to connect with potential members:

Engaging Younger Professionals — Welcoming younger professionals into Rotary is essential for us. Our digital kit will help you rethink membership and bring emerging leaders into your club.

Strategies for Attracting New Members — Take this Learning Center course to help draw prospective members, update your club's experience, and better highlight what it does well.

Customizable club brochure — Design your own club brochure using the template on Rotary's Brand Center. Choose images and wording to best represent your club.

Discover Rotary — Show this presentation to prospective members or at your club's public events. Add content and images specific to your club, and have prospective member brochures available.

Source : www.rotary.org

inFOCUS

Centro In-Focus

Inspiring Night of Music and a Dinner for a Cause

In support of RI District 3820's fund raising project, Centronians trooped to Lipa City last August 17, 2018 to watch the concert with featured artists Marco Sison, Karylle and Rey Valera.

Centronians not only appreciated the music but enjoyed the entire show as the artists are not only singers but total performers and funny at times.



inFOCUS

Centro In-Focus

Connect & Inspire

**Membership & Public Image Seminar
August 18, 2018, Lipa City**



“Leadership and learning is indispensable to each other”. John F. Kennedy

And so Centronians headed to Lipa City for the Membership & Public Image Seminar to learn and later, to lead.



Centro’s very own PDG Chit Lijauco as one of the speakers.

inFocus

Centro In-Focus

**Fellowship Meeting
PP Precy's Birthday Celebration at Gabby's
Farm
August 26, 2018**



District 3820
Rotary



**RI District 3820
News & Updates**

Rotaract Clubs of RI District 3820

Be ready and be part of PALAROTARACT 2018!

October 27, 2018 at Tayabas, Quezon



Rotaract
Rotary Club Partner



District 3820
Rotaract



BE THE INSPIRATION

ROTARACT CLUBS OF
DISTRICT 3820



**REGISTRATION STARTS ON
SEPTEMBER 1, 2018**

REGISTRATION FEE (350PHP)

INCLUSIVE OF:

AM & PM SNACK, PACKED LUNCH, BUFFET DINNER, FELLOWSHIP
PALAROTARACT KIT & OTHER FREEBIES



District 3820
Rotaract



BE THE INSPIRATION

ROTARACT CLUBS OF
DISTRICT 3820



Games

BASKETBALL

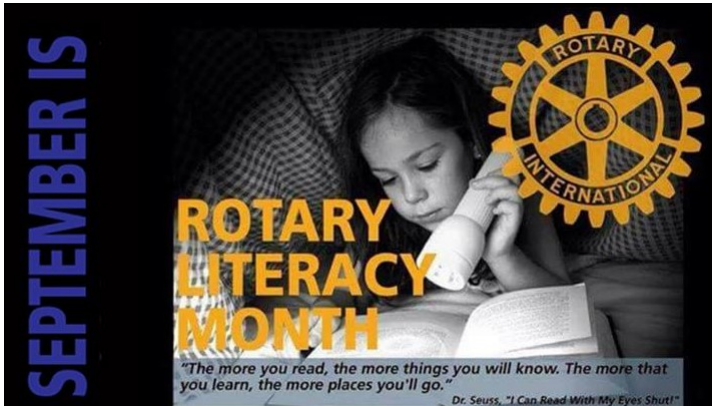
BADMINTON

VOLLEYBALL

DODGEBALL

PALARONG LAHI



District 3820
Rotary**RI District 3820
News & Updates**

Rotary supports activities and training to improve education for all children and literacy for children and adults.

The Rotary Foundation enables Rotarians to ensure that all people have sustainable access to basic education and literacy by:

1. Involving the community to support programs that strengthen the capacity of communities to provide basic education and literacy to all;
2. Increasing adult literacy in communities;
3. Working to reduce gender disparity in education;
4. Supporting studies for career-minded professionals related to basic education and literacy.

www.rotary.org



For your Information

How to cook Siomai

One of the products of Centro's livelihood project is pork siomai.

Pork Siomai is a traditional Chinese dumpling. This popular dumpling has made its way to the heart of the Filipino's as evidenced by the hundreds of stalls, eateries, and restaurants who serve them.

Ingredients

- 2 1/2 lbs ground pork
- 1 cup shrimp minced
- 2 cups water chestnuts minced
- 5 tbsp sesame oil
- 1 tbsp ground black pepper
- 1 cup onion minced
- 1 cup carrots minced
- 1 1/2 cups white mushroom minced
- 1 pack won ton wrapper
- 1/4 cup scallions minced
- 2 tsp salt
- 1 piece raw egg
- Water for steaming



Instructions

Combine all the ingredients except for the water and wanton wrapper and mix thoroughly.

Wrap the mixed ingredients using the won ton wrapper. (watch the video for easy procedure)

Using a steamer, steam the wrapped siomai (shaomai) for 15 to 25 minutes. The time depends on the size of each individual piece (larger size means more time steaming).

Serve hot with kikkoman soy sauce and calamansi or lemon dip. Share and enjoy!



For your Information

4 travelling hacks you need for small budget travellers

If you think that travelling is expensive, you are not alone. Most people have the same perception as you. Here are four travelling hacks that will make travel much less expensive than you think, especially for small budget travellers.



1. Go cashless with DBS multi-currency account

Pickpocketing is one of the most annoying and frustrating things that can happen to you while you are overseas. It depletes your travelling budget, which is already small, to begin with! Apart from doing all the necessary preventive measures like anti-theft crossbody backpacks and travel pouches, limiting the cash you have on hand can also help. Learn about the cities and culture with free walking tours

For some of us, travelling is more than just a time to relax. It is also a time to learn about the cities, its people and its culture. Often, we do not have the luxury of time to fully appreciate the city for its uniqueness. If you want to learn about the cities' people and culture within a short period of time, free walking tours are your best bet.

3. Avoid roaming charges with overseas SIM card

Admit it, you NEED the internet to survive overseas. From checking how to reach your next destination on Google maps to finding the best food places, the internet is indispensable for travellers. In this day and age, we hardly know of anyone who still uses travel guidebooks for travel (except for the travel purists). However, roaming charges can be expensive, regardless of which telco you are tied to.

4. Stay at Airbnbs where you can cook

Airbnbs are good choices if you are looking for a cheaper alternative to hotels. But there's one other thing that Airbnb offers: The option to cook.



Reflections

"One Cannot Achieve the Pinnacles of Service unless one experiences the Miracles of Friendship."

Paul P Harris



"Our success or failure will not depend upon the machinery of Rotary or its physical growth, but upon the extent to which Rotary's ideals or objectives are translated into positive, tangible results in personal, business, community, and international life. We shall be known by our works." — The Second Quarter Century, THE ROTARIAN, July 1930



What's coming up?

Wednesday, September 12

Happy Birthday Rtn Paula Gregg!

Friday, September 14

Happy Birthday!! PP Zeny Dictado

Tuesday, September 18

Happy Birthday!! PP Doray Lucero

Friday, September 28

Centro Induction - Whitewoods Convention

Saturday, October 27

Happy Birthday!! Rtn. Cecile Gabatan

Wednesday, November 7

Happy Birthday!! PP Jackie Victor

Wednesday, November 14

My Fair Centro - Nuvali

Thursday, November 15

My Fair Centro - Nuvali

Friday, November 16

My Fair Centro - Nuvali

Saturday, November 17

My Fair Centro - Nuvali

Sunday, November 18

My Fair Centro - Nuvali



Next Week's Order of Business

**The Rotary Club of Sta. Rosa Centro
Regular Weekly Meeting
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September 14, 2018**

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Centro Hymn	

**Chairman of the Night :
Rtn RJ Janolino**



**PROUD
MEMBER**

Roster of Members

	Name	RotaryID	Classification	Birthdate
1	Joseph Rey Alcala	10080295	Events Management	Jun 7
2	Roselle Animo	9418286	IT Professional/Web Developer	Jun 11
3	Arlene Arcillas	8275828	City Representative	Jul 31
4	Michelle Baldemor	8879856	Retail	May 01
5	Gloria Bedienes	8612318	Trading	Apr 13
6	Delphi Penelope Cuya	8275831	Healthcare	Feb 12
7	Priscila De la Cruz	5333454	Leasing	Aug 24
8	Ma. Geralyn Dee	8574451	Interior Design	Dec 09
9	Zenaida Dictado	6416676	Pallet Manufacturing	Sep 14
10	Danilo Fernandez	9757207	City Mayor	Jan 14
11	Ma. Cecilia Gabatan	8612321	Real Estate Broker	Oct 27
12	Mary Ann Gonzales	5333525	Cooperative	Mar 20
13	Paula Maria Gregg	9641847	Education	Sep 12
14	Jennifer Hermoso	8773225	Pediatrician	Mar 20
15	Evelyn Laranga	8465660	Education	Jul 25
16	Consuelo Lijauco	5333445	Magazine Editing	May 15
17	Cheryl Lu	5333496	Pest Control Services	Apr 17
18	Teodora Lucero	8045358	Midwife	Sep 18
19	Elenita Ma	6261683	Dentist	Jan 10
20	May Grace Padiernos	5984127	Furniture Retail	May 06
21	Joel Liza Pineda	7019336	Human Resource Provider	Mar 30
22	Hazel Ramos	6165816	Money Lending	Jul 01
23	Enrico Robles	10226768	Banker	Nov 20
24	Aurelyn Salandanan	8773229	Obstetrics-Gynecologist	
25	Carolina Salvahan	5333457	Window Fashion Contractor	Jul 04
26	Shiela Santillan	8574457	Restaurateur	Apr 02
27	Jacqueline Victoria	6556182	Watch Services	Nov 07



Attendance Report

Attendance

Period : Aug 17 to Aug
 30, 2018

Total Membership	27
Members Present	19
Meetings Made-up	0
Leave	2
Senior	3
Total Attendance	25
Attendance Percentage	88%



Rotary Club of Sta. Rosa Centro

RID 3820 Club ID No. 55177
 Make Up Card

We had the pleasure of having you as
 our guest/visiting Rotarian

 Name

 Rotary Club

 During our club meeting today

 Date

Secretary Mary Ann Gonzales

Special Observances

July 2018

Start of Rotary Year 2018-2019

August 2018

Membership & Extension Month

September 2018

Area of Focus: Basic Education and Literacy
 Area of Focus: Economic and Community

October 2018

Development

November 2018

The Rotary Foundation Month

December 2018

Area of Focus: Disease Prevention and Treatment

January 2019

Vocational Service Month

February 2019

Area of Focus: Peace and Conflict Prevention/
 Resolution

March 2019

Area of Focus: Water and Sanitation

April 2019

Area of Focus: Maternal and Child Health

May 2019

Youth Services Month

June 2019

Rotary Fellowships Month

Rotary

Club of
Sta. Rosa Centro



VISION

The Rotary Club of Sta. Rosa Centro is the place to be for **professionals** to nourish a culture of **service** while fostering lasting **friendships** and causing their own **development, growth, and empowerment.**

MISSION

The **Rotary Club of Sta. Rosa Centro** is committed to:

The care of **WOMEN and CHILDREN**, pioneering in programs that address their needs

The care and preservation of the **ENVIRONMENT**, providing clean and healthy surroundings for children to grow up in.



BE THE INSPIRATION

The spread of **LITERACY**, specifically for women and children.

Providing **LIVELIHOOD** training, specifically for the women members of the community.

*The **CENTRO** is published weekly as the official weekly program bulletin of the Rotary Club of Santa Rosa Centro, Rotary International District 3820, Club ID No. 55177. We are accepting contributions to the weekly club bulletin. Please submit your articles from Saturday to Wednesday at Email: rcstarosacentro@outlook.com. All contributions submitted later than the deadline will be included in the next week's issue. Only those articles submitted on or before the deadline will be included in the week's issue.*