

# The CENTRO

Official Weekly Bulletin



Rotary Club of Sta. Rosa Centro RI District 3820
Outstanding Club RY 2012-2013
Most Outstanding Club (Silver Level) RY 2013-2014

The Rotary Club of Sta. Rosa Centro meets at:

El Cielito Inn, Sta. Rosa-Tagaytay Road, Sta. Rosa, Laguna every Friday at 7:00pm.

Club website: www.rcstarosacentro.org

Club e-mail: the visioning centro@yahoogroups.com

#### Officers & Directors, Rotary Year 2014-2015

Arlene "Mayor" Arcillas President

Delhi Penelope "Pen" Cuya President Elect

PP Jacqueline "Jacqui" Victoria Vice President

PP Cheryl "Che" Lu Secretary

PP Carolina "Carol" Salvahan Treasurer

Rtn Geralyn "Jay" Dee Auditor

PP Zenaida Dictado Protocol Officer

IPP Teodora Lucero Ex-Officio

PP Joel Liza "Liza" Pineda Executive Secretary

PDG Consuelo "Chit" Lijauco Club Trainer

PP Elenita "Leni" Lantin Ma Asst. Club Trainer

#### **Club Committees**

PP Priscilla " Precy" dela Cruz Club Administration

Rtn Ma. Cecilia "Cecile" Gabatan Membership

PP Maryann "MeAnn" Gonzales Service Project

PE Delphi Penelope "Pen" Cuya Community Service

Rtn Carmela "Mel" Tadeo Vocational

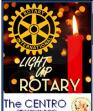
PP Hazel Ramos Youth

PP Elenita "Leni" Lantin Ma International

Rtn Myrna Valle Public Relations

PP May Grace "Maya" Padiernos Special Projects

Rtn Carmela "Mel" Tadeo Finance Committee



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#### The Rotary Club of Sta. Rosa Centro Regular Weekly Meeting El Cielito Inn

### PROGRAM March 13, 2015

Call to Order BcPres Arlene Arcillas

Invocation Rtn Gloria Bedienes

National Anthem PE Pen Cuya

The Four Way Test Rtn Thessa Diaz

Object of Rotary PP Hazel Ramos

Acknowledgment PP Liza Pineda

Recognition PP Mary Ann Gonzales

Secretary's Report PP Che Lu

Treasurer's Report PP Carol Salvahan

Committee Reports Committee Chairpersons

President's Time BcPres Arlene Arcillas

Centro Hymn

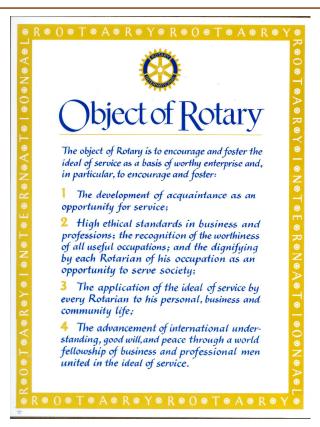
Chairwoman of the Night PN Evs Laranga

If any person is unable to fulfill their positions as above please make arrangements with another Rotarian to take your place.

#### **INVOCATION**



Help us today to see our opening prayer as conversation, really believing You hear us and care about what we say. Remind us that You are a perfect Father who listens carefully to His children and desires the very best for us. We thank You for this Family of Rotarians, to which we belong and ask that You bless us as we meet together. Amen.



## IJ•\*Sweet RotaryJJ• (The Centro Hymn)

When it began
I can't believe it happened
But then I know it's going strong
2001

That's when it came to being Who'd have believed we'll grow to be...

\*Hands, touching hands

\*Reaching out, touching me,

\*touching you

\*Sweet Rotary

\*Sta. Rosa Centro's good

\*I've been inclined

\*To believe we're going strong

\*And now, I...

Look all around

So many help is needed

C'mon, together I know we could

And when we hurt,

We can just smile and bear it

'Coz we were born to serve and be....

Warm, touching warm

Reaching out, touching me,

touching you

\*Sweet Rotary

\*Sta. Rosa Centro's good

\*We're going strong

\*We are here for all of you

And now, I...

(Repeat \*)

RC Centro's GREAT!



## The Rotary Four Way Test

- 1. Is It Truth?
- 2. Is It Fair To All Concerned?
- 3. Will It Build Goodwill And Better Friendships?
- 4. Will It Be Beneficial To All Concerned?



#### President's Message

For months now, I have been writing about us, Centro ladies, giving service for our fellows and helping improve one life at a time. But since we are celebrating Women's Month this

March, I would like to focus on us, and how we can give service this time not to others but to ourselves.

Most of us give priority to our families and our responsibilities at home and at work that we tend to set aside our personal needs and pleasures. This applies especially to mothers like me.

However, this must not be the case as writer and civil rights activist Audre Lorde stressed. She said "I have come to believe that caring for myself is not self-indulgent. Caring for myself is an act of survival." We all have to agree with her because it is by caring for ourselves and indulging once in a while that we can find the energy, or the much needed revival, that we deserved. When we are rejuvenated, we can perform our many responsibilities better as women at home, in the workplace and in our community.

Now, let us include some 'me time' in that long 'to do list' of ours. After all, it is Women's Month.

Yours in Rotary,

**Best Class President Arlene "Mayor" Arcillas** 



## **Rotary Club District 3820**

#### **Updates & Announcements**

## Group Study E xchange (GSE) Courtesy Call at Mayor Arlene's office

March 6, 2015 Sta. Rosa City Hall





### **Rotary Club District 3820**

### **Updates & Announcements**

## Group Study Exchange (GSE) Welcome Dinner

March 6, 2015 Santarosa Estates –2





A night with the GSE team from South Carolina, USA.



Operation Balik Ngiti Team Send-off Fellowship Night 3 Forty Fifth Residences March 2, 2015

The club prepared a simple send-off for the Balik Ngiti team.







## **Operation Balik Ngiti Team Send-off Fellowship Night**



BcP Arlene and PP Leny jammin' with the band.



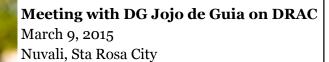
BcP Arlene receiving the Certificate of Appreciation



## **Operation Balik Ngiti**

March 2, 2015 At Sta. Rosa Community Hospital







The Ladies intently listening to Gov. Jojo de Guia. Also in photo, PDG Rey Castillo.





## ROTARY INTERNATIONAL News & Updates

## ROTARY PEACE FELLOWS ARE HELPING REFUGEES START OVER



Rotary Peace Fellows are helping refugees start over. Photo Credit: ©Flo Smith/NurPhoto/Corbis

Every 10 minutes, a baby is born without a state – without citizenship in any country. The crisis in Syria and conflicts in South Sudan, the Central African Republic, and many other nations are producing new generations of refugees, internally displaced persons, and asylum seekers. Increasingly, they are long-term exiles who are spending years, even decades, in makeshift refugee cities with their families, unable to return home.

The number of people forced from their homes by war and conflict has surpassed 50 million for the first time since the end of World War II, when the Office of the United Nations High Commissioner for Refugees was created.

Among the graduates of the Rotary Peace Centers – nearly 900 since the program's inception in 2002 – are agents of change working to help this growing population of refugees.

#### **ROTARY INTERNATIONAL**

#### **News & Updates**

Each year, Rotary Peace Centers host up to 100 peace fellows in a threemonth program at Chulalongkorn University in Bangkok, or a master's degree fellowship at universities in Australia, England, Japan, Sweden, and the United States. Four alumni, who work for nongovernmental organizations and nonprofits that aid refugees, shared their stories with The Rotarian.

#### FROM SOMALIA TO ETHIOPIA

In 1988, when he was 10 years old, Mahamoud Ahmad fled his home during Somalia's civil war. He and his family made their way to an encampment for internally displaced persons (IDPs) far from their village in the semiautonomous region of Somaliland. "We had to roast wheat – there was not enough water for it to be cooked," he recalls. Because of the lack of food, "I have seen, as a child, people dying," Ahmad says.

"Until the age of 14, I could not go to school," he recalls. Once he could go to class, he seized every opportunity to learn. He finished 12 years of school in four years, studying from 6 in the morning until 6 at night. "Later, because I loved education, I spent 13 years attending four universities," Ahmad says, fueled equally by sheer determination and by benefactors such as Rotary.

His education includes a master's from the Rotary Peace Center at the University of Bradford, England, where he was in the class of 2008-10. As his understanding of peace and conflict deepened, his mission emerged: to help refugees overcome the problems he once endured. Ahmad traces the arc of his journey: "I have been a refugee, I have been an IDP, I have been a returnee."

He applies that knowledge as education program coordinator for the Norwegian Refugee Council's Ethiopia program. NRC camps in the Horn of Africa and Yemen sheltered more than 100,000 people in 2013. Every year, the organization also provides education and job training to thousands of refugees, from Eritrea, Kenya, Somalia, South Sudan, and Sudan.

#### FROM LEBANON TO CANADA

Noëlle DePape, who spent much of her 20s working overseas, including at a Palestinian refugee camp in Lebanon, imagined becoming a globe-trotting emissary of goodwill after finishing her Rotary Peace Fellowship in 2005 at the University of Queensland, Australia. "I was trying to figure out how I could make the most impact as a peace-builder and as one who would fight for social justice," DePape says.

Encouraged by Godfrey Mukalazi, a Rotary Peace Fellow from Uganda, she returned home to Winnipeg, Man., which has the largest urban indigenous population in Canada. The arrival of transplants from Afghanistan, Bhutan,

#### **ROTARY INTERNATIONAL**

#### **News & Updates**

Iraq, Somalia, and other countries – about 15,000 immigrants each year in Manitoba, 10 percent of whom are refugees – created a combustible mix with an Aboriginal population facing struggles of its own.

DePape joined the staff of the Immigrant and Refugee Community Organization of Manitoba, which operates a transitional housing complex and provides services such as counseling and after-school programs for at-risk youth.

"Some of our refugee youth were getting involved in gang life because they didn't feel a sense of belonging in Canada," says DePape, 35. The teenagers often had little education, so "they struggled in school with basic literacy in addition to refugee challenges," she says.

The Youth Peacebuilding Project, which DePape launched in 2008, featured a weeklong summer gathering for teens from indigenous, refugee, and suburban white communities. They swam and played basketball, but they also learned about other cultures and religions, observing Muslim prayers and a sweat lodge ceremony led by a tribal elder.

#### FROM JAPAN TO KENYA

Etsuko Teranishi yearned for something different from the college scene in Osaka, Japan: She wanted to see the world and serve others along the way.

Teranishi, who studied at the Rotary Peace Center at the University of Queensland in 2005-07, is a project manager for the International Organization for Migration. She leads a crisis response unit in Nairobi, Kenya, which last year supported about 40,000 refugees from the Democratic Republic of Congo, Ethiopia, Rwanda, Somalia, and South Sudan, as well as Kenyans uprooted by conflict and natural disaster. "We help unemployed youth and

victims of sexual and genderbased violence," she says.

## Peace and Conflict Prevention/Resolution



Funding: \$2.5m Number of grants: 67



Up to 100 fellows a year train at six Rotary Peace Centers around the world to become the next generation of peacemakers.
Get involved with Rotary to promote peace.

· www.rotarvou

Source: www.rotary.org



#### Reflections

"Faith, hope, charity and clean business, these four and the greatest of these is clean business. Charity sometimes destroys initiative and

demoralizes character; clean business never does. If business is clean, there will be much less need of charity because clean business means not only a

fair deal to the buyer, but also a living wage to the employee.'

Paul P. Harris in his message to the 1916 Convention in Cincinnati.



"Ethical conduct of business, emphasized and spread throughout the world, will greatly diminish the inclination and disposition on the part of the peoples of the different nations to fight one another." — Address to 1924 Rotary Convention, Toronto, Ontario, Canada



#### For your Information

# **Knowing How To Use Your Concealer**

Which do you apply first, your concealer or foundation? It seems like this questions is somewhat of a debate because I've read a little of both on some of the most popular beauty blogs. I've always applied my foundation first, otherwise it seems redundant to apply concealer only to have the coverage wiped away with the application of your foundation, so in this case, as long as your concealer is blending in well and giving you the coverage you want, do whichever works for you! On that note, here are a few things you may be doing wrong with your concealer:

- Too much in a targeted area. Instead, layer! Apply a small amount over your blemish, give it a chance to dry, then apply another layer. Continue layering if needed. For the best results, use a setting powder in between layers to prevent it from wearing off.
- Using the same concealer for every job. Guilty! Every color has a different job. A peach-toned concealer is best for under-eye circles because it cancels out blue shadows. A green-toned concealer cancels out red (pimples and blemishes). Use it for your first layer and then finish with a concealer that matches your skin tone. Yellow-toned concealers are best for evening out your skin tone (larger areas).
- Not taking advantage of it's many benefits. It's not just for covering blemishes and under-eye circles! I've made this handy pictorial to show you how to truly take advantage of your concealer. Hope this helps!

### For your Information

## ONCEALER





**RIGHT** WRONG



Use concealer on an angled brush to fix eyeliner mistakes.



For well-rested looking eyes, blend concealer in these 3 sections of each eve



Line & blend the outer edges of your lips with concealer to make your lips pop and prevent your lipstick from bleedina.



Blend concealer above and below your outer eyebrows with one shade lighter than your skin tone.



Prime your eyelids with concealer to help keep your eyeshadow from falling off & settling into your creases.

Source: http://www.listotic.com/20-beauty-mistakes-you-didnt-know-you-weremaking/2/



### What's coming up?

#### Friday, March 13

Regular Weekly Meeting

#### Friday, March 20

Happy Birthday!! PP Maan Gonzales

Happy Birthday!!! - Rtn Jen Dee

Regular Weekly Meeting

#### Friday, March 27

Regular Weekly Meeting

#### Monday, March 30

Happy Birthday!! PP Liza Pineda

#### Tuesday, March 31

Deadline of Submission of Accomplished Projects

#### Thursday, April 2

Happy Birthday!! - Rtn Shiela Santillan

#### Friday, April 3

Regular Weekly Meeting

#### Friday, April 10

Regular Weekly Meeting

#### Saturday, April 11

SISTERHOOD SIGNING with RI DISTRICT 3590 South Korea

## Sunday, April 12

SISTERHOOD SIGNING with RI DISTRICT 3590 South Korea







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Secretary's Report PP Che Lu

Treasurer's Report PP Carol Salvahan

Committee Reports Committee Chairpersons

President's Time BcPres Arlene Arcillas

Centro Hymn

Chairwoman of the Night : Rtn Myrna Valle



## **Roster of Members**

| Name                 | Rotary ID | Classification                        | Birthday |
|----------------------|-----------|---------------------------------------|----------|
| Arlene Arcillas      | 8275828   | City Representative                   | Jul 31   |
| Gloria Bedienes      | 8612318   | Trading                               | Apr 14   |
| Michelle Baldemor    | 8879856   | Retail                                | May 01   |
| Pinky Belizario      | 8879854   | Human Resources Manage-<br>ment       | Jan 24   |
| Delphi Penelope Cuya | 8275831   | Healthcare                            | Feb 12   |
| *Ma. Geralyn Dee     | 8574451   | Interior Design                       | Dec 09   |
| Jennifer Dee         | 8773225   | Pediatrician                          | Mar 20   |
| Priscila De la Cruz  | 5333454   | Leasing                               | Aug 24   |
| Herra Thessa Diaz    |           | Engineer                              | Jun 27   |
| *Zenaida Dictado     | 6416676   | Pallet Manufacturing                  | Sep 14   |
| Ma. Cecilia Gabatan  | 8612321   | Real Estate Broker                    | Oct 27   |
| Mary Ann Gonzales    | 5333525   | Real Estate Developer/<br>Cooperative | Mar 20   |
| Evelyn Laranga       | 8465660   | Education                             | Jul 25   |
| *Consuelo Lijauco    | 5333445   | Magazine Editing                      | May 15   |
| Cheryl Lu            | 5333496   | Pest Control Services                 | Apr 17   |
| Teodora Lucero       | 8045358   | Midwife                               | Sep 18   |
| Elenita Ma           | 6261683   | Dentist                               | Jan 10   |
| *May Grace Padiernos | 5984127   | Furniture Retail                      | May 06   |
| Joel Liza Pineda     | 7019336   | Human Resource Provider               | Mar 30   |
| Hazel Ramos          | 6165816   | Money Lending                         | Jul 01   |
| *Aurelyn Salandanan  | 8773229   | Obstetrics-Gynecologist               |          |
| Carolina Salvahan    | 5333457   | Window Fashion Contractor             | Jul 04   |
| Shiela Santillan     | 8574457   | Restaurateur                          | Apr 02   |
| Carmela Tadeo        | 8415873   | Logistics                             | Dec 24   |
| Myrna Valle          | 8482805   | Strategic Planning                    | Dec 21   |
| Marianne Veracruz    |           | Events Planner                        | Jun 18   |
| Jacqueline Victoria  | 6556182   | Watch Services                        | Nov 07   |



## **Attendance Report**

#### **Attendance**

For Mar 6 2015—Mar 12, 2015

| Total Membership      | 27  |
|-----------------------|-----|
| Members Present       | 13  |
| Meetings Made-up      | 4   |
| Leave/Senior          | 5   |
| Total Attendance      | 22  |
| Attendance Percentage | 81% |

#### Rotary Club of Sta. Rosa Centro RID 3820 Club ID No. 55177 Make Up Card

We had the pleasure of having you as our guest/visiting Rotarian

| Name                          |
|-------------------------------|
| Rotary Club                   |
| During our club meeting today |
| Date                          |

Secretary Che Lu



## **Special Observances**

Start of Rotary Year **Public Relation Month** 

| oury 2014      | Tublic Relation Month         |
|----------------|-------------------------------|
| August 2014    | Membership & Extension Month  |
| September 2014 | <b>New Generation Month</b>   |
| October 2014   | Vocational Month              |
| November 2014  | The Rotary Foundation Month   |
| December 2014  | Family Month                  |
| January 2015   | <b>Rotary Awareness Month</b> |
| February 2015  | Rotary Anniversary            |
| March 2015     | Women's Month                 |
| April 2015     | Magazine Month                |
| May 2015       | Rotary Trainings              |
| June 2015      | Rotary Fellowship Month       |
|                |                               |



### **Mission and Vision**

#### **VISION**

The Rotary Club of Sta. Rosa Centro is the place to be for professionals to nourish a culture of service while fostering lasting friendships and causing their own development, growth, and empowerment.

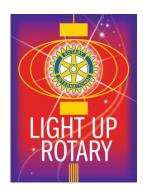
#### MISSION

The Rotary Club of Sta. Rosa Centro is committed to:

The care of **WOMEN** and **CHILDREN**, pioneering in programs that address their needs

The care and preservation of the **ENVIRONMENT**, providing clean and healthy surroundings for children to grow up in.

The spread of LITERACY, specifically for women and children.



The CENTRO is published weekly as the official weekly program bulletin of the Rotary Club of Santa Rosa Centro, Rotary International District 3820, Club ID No. 55177. We are accepting contribution to the weekly club bulletin. Please submit your articles from Saturdav Wednesday at Email: to ana clariz06@vahoo.com. All contributions submitted later than the deadline will be included in the next week's issue. Only those articles submitted on or before the deadline will be included in the week's issue.