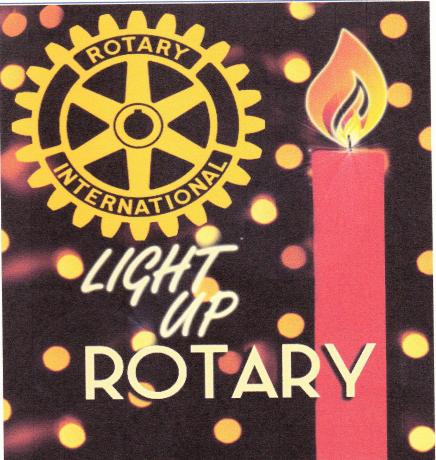
Volume 14 Issue 16

October 17, 2014



# The CENTRO

Official Weekly Bulletin



Rotary Club of Sta. Rosa Centro RI District 3820
Outstanding Club RY 2012-2013
Most Outstanding Club (Silver Level) RY 2013-2014

The Rotary Club of Sta. Rosa Centro meets at:

El Cielito Inn, Sta. Rosa-Tagaytay Road, Sta. Rosa, Laguna every Friday at 7:00pm.

Club website: www.rcstarosacentro.org

Club e-mail: the visioning centro@yahoogroups.com

## Officers & Directors, Rotary Year 2014-2015

Arlene "Mayor" Arcillas

Delhi Penelope "Pen" Cuya President Elect

President

PP Jacqueline "Jacqui" Victoria Vice President

PP Cheryl "Che" Lu Secretary
PP Carolina "Carol" Salvahan Treasurer

Rtn Geralyn "Jay" Dee Auditor

PP Zenaida Dictado Protocol Officer

IPP Teodora Lucero Ex-Officio

PP Joel Liza "Liza" Pineda Executive Secretary

PDG Consuelo "Chit" Lijauco Club Trainer

PP Elenita "Leni" Lantin Ma Asst. Club Trainer

#### **Club Committees**

PP Hazel Ramos

PP Priscilla " Precy" dela Cruz Club Administration

Rtn Ma. Cecilia "Cecile" Gabatan Membership

PP Maryann "MeAnn" Gonzales Service Project

PE Delphi Penelope "Pen" Cuya Community Service

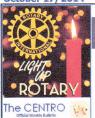
Youth

Rtn Carmela "Mel" Tadeo Vocational

PP Elenita "Leni" Lantin Ma International

Rtn Myrna Valle Public Relations
PP May Grace "Maya" Padiernos Special Projects

Rtn Carmela "Mel" Tadeo Finance Committee



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# The Rotary Club of Sta. Rosa Centro Regular Weekly Meeting El Cielito Inn

# PROGRAM October 17, 2014

Call to Order

**BcP** Arlene Arcillas

Invocation

PP Precy Dela Cruz

National Anthem

PP Jaquie Victoria

The Four Way Test

PN Evs Laranga

Object of Rotary

PP Hazel Ramos

Acknowledgment

Rtn. Shiela Santillan

Recognition

PP Liza Pineda

Secretary's Report

PP Che Lu

Treasurer's Report

PP Carol Salvahan

**Committee Reports** 

**Committee Chairs** 

President's Time

**BcP Arlene Arcillas** 

Other Matters

Centro Hymn

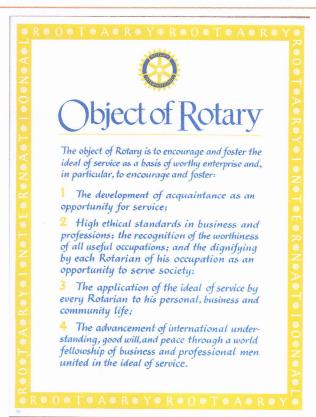
Chairwoman of the Night PE Pen Cuya

If any person is unable to fulfill their positions as above please make arrangements with another Rotarian to take your place.

# INVOCATION



Creator and sustainer of all that is or will ever be, accept our thanks for this day and all its blessings. We ask that you guide and direct our club, its leaders and our actions. Grant that each of us may feel our responsibility to Rotary, to our community, to our country. Amen



# IJI•\*Sweet RotaryIJ• (The Centro Hymn)

When it began

I can't believe it happened But then I know it's going strong

2001

That's when it came to being Who'd have believed we'll grow to be...

\*Hands, touching hands

\*Reaching out, touching me,

\*touching you

\*Sweet Rotary

\*Sta. Rosa Centro's good

\*I've been inclined

\*To believe we're going strong

\*And now, I...

Look all around

So many help is needed

C'mon, together I know we could

And when we hurt,

We can just smile and bear it

'Coz we were born

to serve and be....

Warm, touching warm
Reaching out, touching me,

touching you

\*Sweet Rotary

\*Sta. Rosa Centro's good

\*We're going strong

\*We are here for all of you

And now, I...

(Repeat \*)

RC Centro's GREAT!



# The Rotary Four Way Test

- 1. Is It Truth?
- 2. Is It Fair To All Concerned?
- 3. Will It Build Goodwill And Better Friendships?
- 4. Will It Be Beneficial To All Concerned?



## **President's Message**

Hello, ladies!

In the advertising and marketing world there is a so-called "inspirational marketing," an approach used to promote a product focusing not on its selling points but by associating the product with positive values that people find inspiring.

Here in the Philippines, we are known for always wanting to share everything with our loved ones - both family and friends. This is why commercials that foster bonding or connections appeal most to our hearts. Hence, commercials like the "Share a Coke" campaign of Coca-Cola and the "BFF bundles" of McDonald's are very popular nowadays.

We can also use this approach in our Club. As Rotarians, we serve as our organization's endorsers, and our motto "Service Above Self", serves as our campaign handle.

As ambassadors, have to inspire others by giving service not only through activities of our Club; we can also motivate others by being leaders in our own vocations. Once they see how our professions enable us to be of service to our less privileged brothers and sisters, then they will not think twice to be among our league – whether in profession or service organization.

So, let us all take the challenge and start our own version of "inspirational marketing" today.

Yours in Rotary,

Best Class President Arlene "Mayor" Arcillas



### **ROTARY INTERNATIONAL**

**News & Updates** 

PARTNERS BUILD COMMUNITY CENTER AND HEALTH CLINIC IN IMPOVERISHED MEXICO NEIGHBORHOOD



Four years ago, Rotary member Moonyeen King decided to take action to help residents of the impoverished neighborhood of Tepehua, located in Chapala, Jalisco, Mexico, who faced daily struggles with crime, malnutrition, and limited access to health care. King, together with Susan Netherton and Gin Pelzl, fellow members of the Rotary Club of Ajijic, turned an abandoned building into the Tepehua Community Center.

For its first year, the center provided a soup kitchen every Friday to feed over 200 women and children. That enabled King and her fellow Rotary members to gain the trust of the community, and before long, they had each family register and communicate its individual needs. Through that community feedback, the need for a women's health clinic became apparent.

In early 2012, in a trial conducted by the Tepehua center's board, 67 women were tested for sexually transmitted diseases (STDs) and other gynecological issues. Only five had normal results. King, who heads the Tepehua Community Center Board, estimated that 1,200 local women would benefit from a health care program addressing STDs, family planning, and cancer.

Source: www.rotary.org

# ROTARY INTERNATIONAL

## **News & Updates**

The project gained international support when members of the Rotary Club of Lincoln, California, heard about it through a former member who had moved to Mexico and joined the Ajijic club. The clubs partnered to receive a Rotary Foundation grant to establish a comprehensive maternal health program at the center.

"Through the maternal health program, women and girls are taking charge of their own destiny," King says. "Maternal health and family planning will be passed to the next generation."

Paul Radcliffe, a member of the Rotary Club of Lincoln, says the program results have been remarkable. In the first 15 months, 1,000 Pap smears and breast exams were conducted and 800 women attended family planning and counseling sessions.

"If women are healthy, able to plan their pregnancies and obtain good preventive health care, lives will be saved, a cycle of poverty can be broken, and children will be raised by their mothers instead of [those mothers] being lost to disease," Radcliffe says.

He adds that the success of the clinic resulted not only from word of mouth about positive experiences, but also from the fact that community members had been educated and helped to address cultural taboos surrounding sexual health. Encouraged by the program's success, the two clubs are looking to expand to surrounding communities in the Lake Chapala region through a mobile clinic.

"While mostly illiterate and uneducated, the women are learning quickly as they see the improvement of just a few," Radcliffe says.

In addition to the clinic, the Tepehua Community Center improves the quality of life for area families by providing education and counseling. Current class offerings include sewing, arts and crafts, computer skills, and English. The center also offers auxiliary nursing classes and has certified dozens of women as auxiliary nurses. A nursery and a playground were built to provide child care while the local women participate in the center's activities.

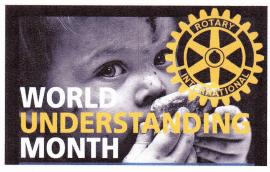
Says the Ajijic club's King: "This is probably one of the most rewarding projects I have ever experienced. Once you receive the trust of people, they are willing to learn, to grow, and take advantage of opportunity."



10

# **Rotary Historic Moments**

## **World Understanding Month**



The month of February is very special in the Rotary calendar since it is designated World Understanding Month. The month also includes the anniversary of the first meeting of Rotary held on February 23, 1905, now designated World Understanding and Peace Day.

In designating World Understanding Month, the Rotary International board asks all Rotary clubs to plan programs for their weekly meeting and undertake special activities to emphasize "understanding and goodwill as essential for world peace." To observe this designated month, many clubs arrange international speakers, invite youth exchange students and international scholars from schools and universities to club meetings, plan programs featuring former Group Study Exchange team members, arrange discussions on international issues, present entertainment with an international cultural or artistic them and schedule other programs with an international emphasis. Many clubs take the opportunity to launch an international community service activity or make contact with a Rotary club in another country is a good month to initiate a Rotary Fellowship Exchange, a 3-H project o encourage support for PolioPlus and other Rotary Foundation programs.

World Understanding Month is a chance for every club to pause, plan and promote the Fourth Avenue of Service-Rotary's continued quest for goodwill, peace and understanding among people of the world

Source: http://www.picoriverarotary.org/50ThingsEveryRotarianNeedsToKnow.html



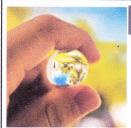
# Reflections

"Love is mightier than hate. Give it one half the advertising that hate has had and there will be no more war".

Paul P. Harris



"There is no growth unaccompanied by growing pains...peace is a universal fact which can only be realized in the fullness of the days...the ultimate achievement of spirit will be at the end of a long and painful process." — Christmas Message, THE ROTARIAN, December 1917



# Centro In-Focus

In line with vocational month, the Rotary Club of Sta. Rosa Centro in cooperation with the Norwegian Training Center launch a scholarship program aptly titled "Building a Stronger Community through Education".



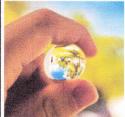
Joint Project on Building a Stronger Community through Education



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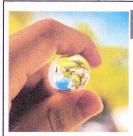


Joint Project on Building a Stronger Community through Education presentation at Sta. Rosa City Hall

October 13, 2014







# Centro In-Focus

Regular Club Meeting October 10, 2014 Palms Country Club, Alabang





Former Centro Lady Nonia Tiongco presenting Baraka. Baraka in colloquial terms means "market" or "merkado" and as explained by Nonia, Sta. Rosa City's Baraka is a market of sorts featuring the best the city has to offer in terms of delicacies and dry goods.



# For your Information

# Rose Colors and Their Meanings

#### **Red: Love and Romance**

One of the most universal of all symbols, the red rose represents true love. It has also appeared throughout history and across cultures as both a political and religious symbol.



## Yellow: Friendship, Joy, Get Well Soon

Throughout history, yellow has been closely associated with the sun, making these roses excellent for cheering people up. Yellow roses send a message of appreciation and platonic love without the romantic subtext of other colors.

### Pink: Love, Gratitude, Appreciation

Pink carries with it the connotation of grace and elegance, as well as sweetness and poetic romance.





# White: Purity, Innocence, Sympathy, Spirituality

Early tradition used white roses as a symbol for true love. Also known as the bridal rose, the white rose is a traditional wedding flower. In this sense, white represents unity, virtue,

Source : http://www.rdasia.com.ph/



# **Minutes of the Meeting**

MINUTES OF THE MEETING Rotary Club of Sta. Rosa Centro The Palms Country Club, Alabang

October 10, 2014

#### I. Attendees:

BcP Arlene Arcillas

Rtn Shiela Santillan

**GUESTS**:

PDG Chit Lijauco

Rtn. Mel Tadeo

PP Nonia Tiongco

PP Carol Salvahan

Rtn Cecile Gabatan

lan

PP Jacqui Victoria

Rtn Myrna Valle

Isabel

PP Leni Ma

Rtn Pinky Belizario

PP Liza Plneda

Rtn Michelle Baldemor

PP MaAnn Gonzales

Baby Rtn Maan Veracruz

PP Precy dela Cruz

### II. Topics Discussed:

- 1. PP Liza read the minutes of the last meeting.
- 2. Treasurer's report- PP Carol reported that there was no collection nor expense for the past week so the CIB is same with last week's report.
- 3. Committee Reports:
- a) PP Leni reported the local RYLA for area 1 held last Oct. 4. There were supposed to be 5 attendees from the One Anak group who were also the prospective Rotaract members. But they didn't show up. Only Deus, the son of Doray attended. Pres. Arlene said that the One Anak group might not be interested to join the Rotaract Club since their interest is more on politicsthey are Sangguniang Kabataan reps. And she will speak to them if they will push through.
- b) District RYLA will be on Oct 24 and MUNA will be on Oct 25. Pp Jackie will check with PP Hazel if there will be participants from our Interactors.
- c) PP Jackie reported on the launch of the DARE project which will be on Oct 16 Thurs. Beneficiaries are 350 students, facilitator is Josie Page and mascot for the launch is Robocop.

# Minutes of the Meeting

- d) Centro Bazaar- PDG Chit & rtn Pinky had an initial meeting last Wed with the ff. details:
- title- To be finalized
- Dec 6-7 at Solenad 2 Nuvali
- rent is Php 20k per day and if there will be 30 concessionaires × 2k per day, we'll have a direct profit of 40k per day. Addl profit will be from sponsorships.
- Centro will sell food items from Baraka suppliers and we'll have customized aprons.
- Committee- Chit, Pinky, Myrna, Precy, Michelle, Shiela, Maan
- e) PDG Chit is working on sponsorship from SM for the Buntis Wellness project. Re the donation from Australia, PP Matt and Pres. Leanne are sourcing from other Australian clubs for the vaccines.
- f) PP Nonia, a former Centro member discussed and showed video presentation about Baraka in preparation for the club's upcoming Bazaar in December.
- g) PP Maan reminded the group about the meeting with RC Metro Paranaque and Norwegian trainor. This will be on Oct 13, 4pm at Mayor Arlene's office.
- h) Vocational tour is moved to Oct 21 instead of Oct 14 which is the available date given by Toyota Technical School.
- I) Induction update- Rtn Myrna asked the group if it's better to follow the program used during PP Liza's induction which is simpler. And Gov Chit approved.
- no more presidential table, will use round tables instead.
- PP Carol will acknowledge the dignitaries before announcement of dinner
- Pres Arlene requested the attire of Centro to be long gown instead of cocktail dress.
- PP Maan requested to have an induction practice on Oct. 25 after the bday party of her son.
- j) Gov's visit report- Rtn Cecile requested the committee heads to read the email, which she will send again and update their respective reports. Pres. Arlene adjourned the meeting at 10pm.

Minutes taken by PP Liza Pineda



## For your Information

# 10 Things Your Waiter Won't Tell You



- 1. There are almost never any sick days in the restaurant business. A busboy with a kid to support isn't going to stay home and miss out on a day's wage because he's got strep throat. And these are the very people who are handling your food.
- 2. When customers' dissatisfaction devolves into personal attacks, adulterating food or drink is a convenient way for servers to exact covert vengeance. Waiters can and do spit in people's food.
- 3. Never say "I'm friends with the owner." Restaurant owners don't have friends. This marks you as a clueless poseur the moment you walk in the
- 4. Treat others as you want to be treated. (Yes, people need to be reminded of this.)
- 5. Don't snap your fingers to get our attention. Remember, we have shears that cut through bone in the kitchen.
- 6. Splitting entrées is OK, but don't ask for water, lemon and sugar so you can make your own lemonade. What's next, grapes so you can press your own wine?
- 7. Always examine the bill. Sometimes large parties are unaware that a gratuity has been added to the bill, so they tip on top of it. Waiters "facilitate" this error. It's dishonest, it's wrong – and I did it all the time.
- 8. If you want to hang out, that's fine. But increase the tip to make up for money the server would have made if he or she had had another seating at that table.
- 9. Never, ever come in 15 minutes before closing time. The cooks are tired and will cook your dinner right away. So while you're chitchatting over salads, your entrées will be languishing under the heat lamp while the dishwasher is spraying industrial-strength, carcinogenic cleaning solvents in their immediate vicinity.
- 10. Don't order meals that aren't on the menu. You're forcing the chef to cook something he doesn't make on a regular basis. If he makes the same entrée 10,000 times a month, the odds are good that the dish will be a home run every time.

Source: http://www.rdasia.com.ph/

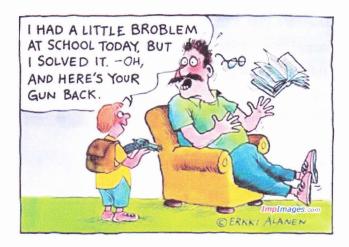


Fun Page

I was coming back from visiting my son in my Miami and I stopped at a rest stop to use the bathroom. I just



sat down on the toilet when I heard a voice coming from the stall next to mine, "Hey! How's it going?" Although I was quite surprised, and I wasn't in the habit of conversing to the people next to me in the stall, I nevertheless answered him, "I'm fine" I said "thanks for asking." "What are you doing?" Asked the same voice. To be honest I was a bit taken aback by the brazenness of this fellow, but I would never ignore anyone so I calmly answered, "I'm releaving myself." Then I heard the same voice again, "I'm going to have to call you back, some smart-aleck is answering all of my questions."



Source: http://www.greatcleanjokes.com/4327/rest-stop-joke/

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# What's coming up?

Friday, October 24

District RYLA

Regular Weekly Meeting

Saturday, October 25

District RYLA

District MUNA

Sunday, October 26

District RYLA

Governor's Visit & Club Induction

Happy Birthday!! Rtn. Cecile Gabatan

Friday, October 31

Regular Weekly Meeting

Friday, November 7

Happy Birthday!! PP Jackie Victoria

Saturday, November 8

Anti-Child Trafficking Awareness Seminar



District Intercity Meeting AREAS 1 & 2











# **Next Week's Order of Business**

The Rotary Club of Sta. Rosa Centro Regular Weekly Meeting El Cielito Inn

> PROGRAM October 24, 2014

Call to Order

**BcP** Arlene Arcillas

Invocation

Dir. Mel Tadeo

**National Anthem** 

Rtn. Michelle Baldemor

The Four Way Test

**IPP Doray Lucero** 

Object of Rotary

Dir. Evs Laranga

Acknowledgment

Dir. Cecille Gabatan

Recognition

Dir. Myrna Valle

Secretary's Report

PP Che Lu

Treasurer's Report

PP Carol Salvahan

**Committee Reports** 

**Committee Chairs** 

President's Time

**BcP Arlene Arcillas** 

Other Matters

Centro Hymn

Chairwoman of the Night:
PP Leni Ma



# Roster of Members

Name	Rotary ID	Classification	Birthday
Arlene Arcillas	8275828	City Representative	Jul 31
Gloria Bedienes	8612318	Trading	Apr 14
Michelle Baldemor	8879856	Retail	May 01
Pinky Belizario	8879854	Human Resources Management	Jan 24
Delphi Penelope Cuya	8275831	Healthcare	Feb 12
Ma. Geralyn Dee	8574451	Interior Design	Dec 09
Jennifer Dee	8773225	Pediatrician	Mar 20
Priscila De la Cruz	5333454	Leasing	Aug 24
Zenaida Dictado	6416676	Pallet Manufacturing	Sep 14
Ma. Cecilia Gabatan	8612321	Real Estate Broker	Oct 27
Mary Ann Gonzales	5333525	Real Estate Developer/ Cooperative	Mar 20
Evelyn Laranga	8465660	Education	Jul 25
Consuelo Lijauco	5333445	Magazine Editing	May 15
Cheryl Lu	5333496	Pest Control Services	Apr 17
Teodora Lucero	8045358	Midwife	Sep 18
Elenita Ma	6261683	Dentist	Jan 10
May Grace Padiernos	5984127	Furniture Retail	May 06
Joel Liza Pineda	7019336	Human Resource Provider	Mar 30
Hazel Ramos	6165816	Money Lending	Jul 01
Aurelyn Salandanan	8773229	Obstetrics-Gynecologist	
Carolina Salvahan	5333457	Window Fashion Contractor	Jul 04
Shiela Santillan	8574457	Restaurateur	Apr 02
Carmela Tadeo	8415873	Logistics	Dec 24
Myrna Valle	8482805	Strategic Planning	Dec 21
Jacqueline Victoria	6556182	Watch Services	Nov 07



# **Attendance Report**

# Attendance

For Oct 4—Oct 10, 2014

Total Membership 25

Members Present 14

Meetings Made-up 2

Leave/Senior 5

Total Attendance 21

#### Rotary Club of Sta. Rosa Centro RID 3820 Club ID No. 55177 Make Up Card

We had the pleasure of having you as our guest/visiting Rotarian

Name
Rotary Club
D. J. Commission of the second
During our club meeting today
Date
Dale

Secretary Che Lu



Attendance Percentage

# **Special Observances**

84%

Start of Rotary Year **Public Relation Month** July 2014 Membership & Extension Month August 2014 New Generation Month September 2014 October 2014 Vocational Month The Rotary Foundation Month November 2014 December 2014 Family Month Rotary Awareness Month January 2015 **Rotary Anniversary** February 2015 Women's Month March 2015 Magazine Month April 2015 **Rotary Trainings** May 2015 Rotary Fellowship Month June 2015



## Mission and Vision

#### VISION

The Rotary Club of Sta. Rosa Centro is the place to be for professionals to nourish a culture of service while fostering lasting friendships and causing their own development, growth, and empowerment.

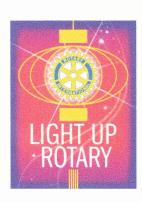
#### MISSION

The Rotary Club of Sta. Rosa Centro is committed to:

The care of WOMEN and CHILDREN, pioneering in programs that address their needs

The care and preservation of the **ENVIRONMENT**, providing clean and healthy surroundings for children to grow up in.

The spread of LITERACY, specifically for women and children.



The CENTRO is published weekly as the official weekly program bulletin of the Rotary Club of Santa Rosa Centro, Rotary International District 3820, Club ID No. 55177. We are accepting contribution to the weekly club bulletin. Please submit your articles from Saturday to Wednesday at Email: ana clariz06@yahoo.com. All contributions submitted later than the deadline will be included in the next week's issue. Only those articles submitted in the week's issue.