

*Engage Rotary*



*Change Lives*

# The CENTRO

Official Weekly Bulletin



**Rotary Club of Sta. Rosa Centro RI District 3820  
Outstanding Club RY 2012-2013**

The Rotary Club of Sta. Rosa Centro meets at :

El Cielito Inn, Sta. Rosa-Tagaytay Road, Sta. Rosa, Laguna every Friday at 7:00pm

Club website: [www.rcstarosacentro.org](http://www.rcstarosacentro.org)

Club e-mail : [rcstarosacentro@outlook.com](mailto:rcstarosacentro@outlook.com)

## **Rotary Year 2013-2014**

### ***Executive Officers***

Teodora Lucero	President
Mayor Arlene Arcillas	President Elect
Delphi Penelope Cuya	PN/Vice President
PP Priscila Dela Cruz	Secretary
Myrna Valle	Executive Secretary
IPP Joel Liza Pineda	Ex-Officio
Ma Geralyn Dee	Treasurer
PP Cheryl Lu	Sergeant-at-Arms
PP Zenaida Dictado	Finance

### ***Committee Chairs***

Evelyn Laranga	Club Service Projects
PP Carolina Salvahan	Membership
Myrna Valle	Public Relations
Delphi Penelope Cuya	Club Admin
IPP Joel Liza Pineda	The Rotary Foundation
PDG Consuelo Lijauco	Training/Club Trainor
PP Elenita Lantin Ma	Asst. Club Trainor
Annaliza Maglian	Community
PP Maryann Gonzales	Vocational
PE Mayor Arlene Arcillas	International
PP Hazel Ramos	Youth
PP Maya Grace Padiernos	Special



The CENTRO

Official Weekly Bulletin  
Rotary Club of the West Centro RI District 3820  
Outstanding Club NY 2012-2013



The Rotary Club of the West Centro RI District 3820  
is a member of the West Centro RI District 3820  
Outstanding Club NY 2012-2013  
Visit our website: [www.centrorotary.com](http://www.centrorotary.com)

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**The Rotary Club of Sta. Rosa Centro  
Regular Weekly Meeting  
El Cielito Inn**

**P R O G R A M  
April 25, 2014**

Call to Order	Pres. Doray Lucero
Invocation	PP Che Lu
National Anthem	AG Leni Ma
The Four Way Test	Rtn Myrna Valle
Object of Rotary	Rtn Glo Bedienes
Acknowledgment	PP Carol Salvahan
Recognition	Rtn Jen Dee
Secretary's Report	PP Precy dela Cruz
Treasurer's Report	Rtn. Geralyn Dee
Committee Reports	Committee Chairpersons
President's Time	Pres. Doray Lucero
Centro Hymn	

**Chairwoman of the Night :  
IPP Liza Pineda**

**If any person is unable to fulfill their positions as above please  
make arrangements with another Rotarian to take your place.**

## INVOCATION



Blessed are you, Lord, God of Creation. You feed the whole world with your goodness, your grace, your kindness and your mercy. You nourish and sustain us and do good to all. Bless this food to our use and us to your Rotary service. Amen.



## THE OBJECT OF ROTARY

THE OBJECT OF ROTARY IS TO ENCOURAGE AND FOSTER THE IDEAL OF SERVICE AS A BASIS OF WORTHY ENTERPRISE AND, IN PARTICULAR, TO ENCOURAGE AND FOSTER:

1. THE DEVELOPMENT OF ACQUAINTANCE AS AN OPPORTUNITY FOR SERVICE;
2. HIGH ETHICAL STANDARDS IN BUSINESS AND PROFESSIONS; THE RECOGNITION OF THE WORTHINESS OF ALL USEFUL OCCUPATIONS; AND THE DIGNIFYING OF EACH ROTARIAN'S OCCUPATION AS AN OPPORTUNITY TO SERVE SOCIETY;
3. THE APPLICATION OF THE IDEAL OF SERVICE IN EACH ROTARIAN'S PERSONAL, BUSINESS, AND COMMUNITY LIFE;
4. THE ADVANCEMENT OF INTERNATIONAL UNDERSTANDING, GOODWILL, AND PEACE THROUGH A WORLD FELLOWSHIP OF BUSINESS AND PROFESSIONAL PERSONS UNITED IN THE IDEAL OF SERVICE.

♪♪♪\*Sweet Rotary♪♪♪  
(The Centro Hymn)

When it began  
I can't believe it happened  
But then I know it's going strong  
2001

That's when it came to being  
Who'd have believed we'll grow to  
be...

Hands, touching hands  
Reaching out, touching me, touch-  
ing you

Sweet Rotary  
Sta. Rosa Centro's good  
I've been inclined  
To believe we're going strong  
And now, I...

Look all around  
So many help is needed  
C'mon, together I know we could

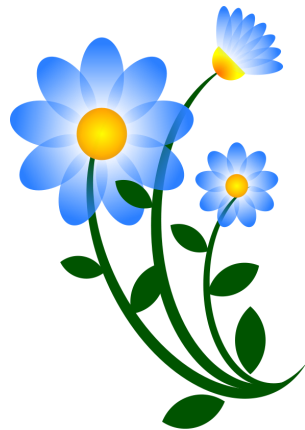
And when we hurt,  
We can just smile and bear it  
'Coz we were born to serve and be....

Warm, touching warm  
Reaching out, touching me, touching you  
Sweet Rotary  
Sta. Rosa Centro's good  
We're going strong  
We are here for all of you  
Sweet Rotary Sta. Rosa Centro's...  
GREAT!



**The 4-Way Test**  
**Of the things we**  
**think, say or do**

- 1. Is it the TRUTH?**
- 2. Is it FAIR to all concerned?**
- 3. Will it build GOODWILL and BETTER FRIENDSHIPS?**
- 4. Will it be BENEFICIAL to all concerned?**





## President's Message

My dear Centro ladies,

I spent my holy week in Mindoro and indeed it was a holy experience. I spent time reflecting on things I have done and things that happened this past year. They say the first step to having a breakthrough is to stop whatever you are doing and stop long enough to listen to God. And that is precisely what I did. I felt refreshed and now have renewed energy in facing whatever frustrations and worries I have kept in my head.

With this renewed energy, I went to the Mangyan community in Sigkuran, Victoria, Mindoro, together with other first class presidents. As compared to the amenities we enjoy, the Mangyans almost have nothing but that didn't stop them from sharing what they have with us. We were treated with their cultural dance. Their discipline and good nature is evident in the things they do. Sharing a day with them is a good way to start my new beginning.

Yours in rotary service,

First Class President Teodora "Doray" Lucero

# Rotary



## ROTARY INTERNATIONAL

### Updates

#### Female Membership in the Rotary

From 1905 until the 1980s, women were not allowed membership in Rotary clubs, although Rotarian spouses, including Paul Harris' wife, were often members of the similar "Inner Wheel" club. Women did play some roles, and Paul Harris' wife made numerous speeches. In 1963, it was noted that the Rotary practice of involving wives in club activities had helped to break down female seclusion in some countries.[33] Clubs such as Rotary had long been predated by women's voluntary organisations, which started in the United States as early as 1790.[34]

The first Irish clubs discussed admitting women as members in 1912, but the proposal floundered over issues of social class. Gender equity in Rotary moved beyond the theoretical question when in 1976, the Rotary Club of Duarte in Duarte, California admitted three women as members. After this club refused to remove the women from membership, in 1978 Rotary International revoked the club's charter. The Duarte club filed suit in the California courts, claiming that Rotary Clubs are business establishments subject to regulation under California's Unruh Civil Rights Act, which bans discrimination based on race, gender, religion or ethnic origin. Rotary International then appealed the decision to the U.S. Supreme Court. The RI attorney argued that "... [the decision] threatens to force us to take in everyone, like a motel".[35] The Duarte Club was not alone in opposing RI leadership; the Seattle-International District club unanimously voted to admit women in 1986.[36] The United States Supreme Court, on May 4, 1987, confirmed the Californian decision. [37] Rotary International then removed the gender requirements from its requirements for club charters, and most clubs in most countries have opted to include women as members of Rotary Clubs. [35][38] The first female club president to be elected was Silvia Whitlock of the Rotary Club of Duarte, California, USA in 1987. [39] By 2007, there was a female trustee of Rotary's charitable wing The Rotary Foundation while female district governors and club presidents were common.



## ROTARY INTERNATIONAL

### Updates



Women currently account for 15% of international Rotary membership (22% in North America.) In 2013, Anne L. Matthews, a Rotarian from South Carolina, began her term as the first female vice president of Rotary International.[40] Also in 2013, Nan McCreadie was appointed as the first female president of Rotary International in Great Britain and Ireland (RIBI).[41] The first woman to join Rotary in Ghana, West Africa was Hilda Danquah (Rotary Club of Cape Coast) in 1992. The first woman president in Ghana was Dr. Naana Agyeman-Mensah in 2001 (Rotary Club of Accra-Airport). Up until 2013, there has been 46 women presidents in the 30 Rotary clubs in Ghana. In 2013, Stella Dongo from Zimbabwe was appointed District Governor for District 9210 (Zimbabwe/Zambia/Malawi/Northern-Mozambique) for the Rotary year 2013-2014 making her the first female District Governor in the region. She had previously held the offices of Assistant Governor (2006/8), District Administrator (2008/9) and President of The Rotary Club of Highlands (2005/6). She was also Zimbabwe's Country Coordinator (2009/10). Stella, who is a Master PRLS 5 Graduate has been recognised and awarded various District awards including Most Able President for year 2005/6 and Assistant Governor of the year 2006/7 and a Paul Harris Fellow.[42]

The change of the second Rotarian motto in 2004, from "He profits most who serves best" to "They profit most who serve best", 99 years after its foundation, illustrates the move to general acceptance of women members in Rotary.

**RI District 3820****DISTRICT 3820 News****Accomplishing our RI District Thrust and Goals for great RY 2013-2014**

My Dear First Class Presidents,

Congratulation for a job well done... you are all First Class and you are all great!!!

Thank you very much for your kind help, cooperation and assistance in accomplishing our RI District Thrust and Goals for great RY 2013-2014, and one of this is our wonderful contribution to The Rotary Foundation.

It is leading the pack with the highest percentage growth under our term and as I have said increase have been so wonderful and I so happy and proud to tell to all of you that as of this email total amount remitted/ received by PDG PaengTantuco, our Annual Program Fund Chair, USD 230,000.00, with only USD 70,000.00 balance to complete our new target of USD 300,000.00.

In view of the above, I am respectfully requesting to please arrange to remit your club balance commitment/ pledges on or before or not later than our deadline of which June 8,2014.

Again, a million thanks to all of you for your continued support and I look forward to your presence on our DRAC 2014, June 21, venue still to be advised, Host Club the Rotary Club of Sta. Rosa, DRAC Chair First Class President Eric Diaz.

With best of regards,

Danilo "Danny" C. Ona  
First Class District Governor  
RI District 3820  
RY 2013-2014

LET US INTRODUCE YOU TO  
OUR ROTARY.

## CONNECT FOR GOOD

### ROTARY ABBREVIATIONS & ACRONYMS (PART 1-> A-G)

3H	Health, Hunger and Humanity
AAM	Additional Active Member
ADG	Assistant District Governor
AM	Active Member
ANZO	Rotary Region consisting of Australia, New Zealand and other places not included in any other region
ASIA	Rotary Region consisting of Asia
AusAid	(Formerly AIDAB) Australian International Development Assistance Bureau
ARHRF	Australian Rotary Health Research Fund
AVAC	Australian Vocational Advisory Committee
CATS	Challenging All To Succeed
CEEMA	Rotary Region consisting of Continental European, Eastern Mediterranean and African Zone
CICO	Club Internet Communication Officer
COL	Council on Legislation
D	District
DG	District Governor
DGN	District Governor Nominee
DGE	District Governor Elect
DGND	District Governor Designate
DICO	District Internet Communication Officer
DIK	Donations in Kind
DLP	District Leadership Plan
DMDC	District Membership Development Chairs
DPFC	District Permanent Fund Chairperson
DRFC	District Rotary Foundation Committee
DRR	District Rotaract Representative
EEMA	CEEMA + Great Britain & Ireland
FAIM	Fourth Avenue (of service) In Motion (Now RAWCS)
GBI	Rotary Region consisting of Great Britain and Ireland
GETS	Governor Elect Training Seminar
GSE	Group Study Exchange
GYE	Global Youth Exchange

*Source: <http://www.rotaryfirst100.org/history/headings/abbreviations.htm>*



### Glimpses

April 15, 2014  
Alabang, Muntinlupa City

DG Danny Ona receiving the donation of RC Wodonga of Australia (represented by Matt Burke) for the rehabilitation of shoos affected by Typhoon Yolanda.



**Happy Birthday  
Sheila & Glo !!**





## Glimpses

April 10, 2014  
Makati City

RC Makati West, a sister club of RC Sta Rosa Centro, receiving the donation of RC Wodonga of Australia.





## Minutes of the Meeting

### Regular Meeting

April 11, 2014 Friday

El Cielito Inn

Sta. Rosa City

The meeting started at 7:45 p.m. Attendees were:

Pres. Doray

Sec. Precy

PP Che

PP Carol

PP Jackie

Rtn Evs

Rtn Myrna

Rtn Jay

Rtn Glo

#### 1. Committee Report:

a. Rtn Evs reported that on April 10, our club attended RC Makati West meeting to turn over PhP 40,000 to Health and Assistance Philippines Rotary Foundation, Inc. Attendees were PP Matt Burke, AG Leni, PP Precy, PP Maan, Rtn Mel and Rtn Evs.

b. Rtn Evs also reported that on April 11 morning, we gave about 200 books to Sikap at Sikat Development and Rehabilitation Day Care Center at Phase 7 Bagong Silang, Caloocan City. Recipients were children ages 4 to 6 years.

2. PP Jackie confirmed the attendees for our DISTASS on May 3 and 4. Registration fee will be shouldered by PE Mayor Arlene but hotel accommodation will be done Rotary way. Confirmed attendees are:

## Minutes of the Meeting

PE Mayor Arlene	PP Maan
PP Jackie	Rtn Mel
PP Che	Rtn Evs
AG Leni	Rtn Myrna
PN Pen	Rtn Cecile (1 day)
PP Carol	Rtn Glo
PP Hazel	Rtn Jay

### 3. President's Time:

a. DG Ona will visit us next Tuesday (April 15). We will turn over the remaining PhP40,000 from the AU\$2,200 from our sister Club RC Wodonga for our District's project for the victims of Yolanda. Venue will be Umenoya Restaurant at 6 pm.

b. Our sister signing with RC Kristo Rey did not push through due to busy schedules. Date to be discussed and announced.

c. We will go to Mindoro for the community project on April 15. Attendees will be Pres. Doray, PE Mayor Arlene, PP Che, PP Jackie, Rtn Evs

d. I was invited by the fraternity APO members (Rotakid Bea is a member) who helped us during our BW4. They held a medical mission at Silang, Cavite offering free circumcision and dental treatments. RC Metro Sta. Rosa president Gina Golangco was a volunteer. They were about 50 kids that availed of the free circumcision. The group is also considering having a medical mission offering free ligation and will coordinate with Marie Stope.

- Rtn Myrna suggested we tap APO members to be our Rotaract.
- Pres. Doray agreed, they can be a community-based Rotaract. PP Hazel will be asked to follow up.

## Minutes of the Meeting

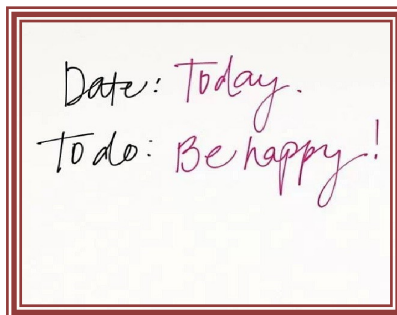
### 3. Other matters:

- a. PP Precy asked Rtn Myrna to get a sample resolution for the transfer of Plan Bank account to BPI.
- b. Rtn Sheila's invitation for her birthday on April 15 won't push through because they had a death in the family; however she would still want to hold her birthday but somewhere nearer.
- c. PP Carol suggested we go to a Visita Iglesia. It was set on April 12, Saturday. Attendees will be Pres. Doray, PP Carol, PP Jackie (with Rotakid Janna), PP precy and Rtn Myrna.
- d. The Club welcomed Rtn Becky of RC Muntinlupa West. She shared that they have 37 members and invited the club to join their meeting every Thursday, lunchtime at Vivere Hotel in Alabang.
- e. Our CTAC schedule will be moved from June 20 to June 27.

4. With no other matters to discuss, the meeting was adjourned at 9:15 p.m.

--nothing follows--

*Minutes taken by Rtn Myrna Valle*







## Reflections

“Rotary is good for you, my friends. To the ill, it says, “Take up thy bed and walk.” Rotary prolongs the life of hundreds of thousands of men; Rotary makes for health and happiness.”

Paul P Harris message to the 1946 Convention, Atlantic City



***“Real genuine friendship and the laws governing friendships provide the truest basis for all forms of enterprise. If Rotary can materially contribute to the development of friendship between individuals, businesses, professions, and nations, and if the individual is willing to make friendship the basis of his job or vocation, then we have an ideal of service being applied in ways that should make all of us happy.” — What Constitutes Vocational Service?, THE ROTARIAN, November 1927***



## For your Information

### 5 Other Diet Claims Never to Believe

#### **Detoxing will help you lose weight**

"Detoxification is a made-up term," says Yoni Freedhoff, M.D., author of *The Diet Fix*. "Juice cleanses that call themselves that rely on pseudo-scientific babble." Yes, you'll lose weight on a three- or five-day liquid diet, but once you go back to solid food, you'll gain it all back--and maybe more thanks to acting on feelings of deprivation and the idea that you deserve treats after being "good." "Our liver, kidneys, and skin detoxify our bodies naturally. There is nothing left over that we need to remove, nor is there any mechanism by which these cleanses could do so."

#### **There's a miracle in a bottle**

"I am constantly bombarded with questions about supplements--right now it's raspberry ketones and green bean coffee extract," says registered dietitian and author of *Skinny-Size It* Molly Morgan. "But there's very little research to prove their effectiveness." Not to mention that weight-loss supplements aren't regulated by the FDA, so there's no way to know exactly what you're putting into your body.



"The best-case scenario is that you lose a couple of extra pounds--and I mean a couple," says Freedhoff. "People buy into it because of the fallacy that what's natural is good, but many supplements are also laced with prescription-strength medicine. Not knowing is risky, because can lead to dangerous drug interactions."

## For your Information

### **You can outrun your fork**

Yes, exercise is part of a healthy lifestyle, but it isn't the key to weight loss. "The science shows that exercise is crucial for weight management, but exercise won't make you lose weight," says Freedhoff. Even when it comes to keeping the number on the scale steady, experts agree that unless you're an Olympic-level athlete, the balance is about 80-20 between what you eat and how much you move. The reasons are likely twofold: "People are made to believe, in part by the food industry that wants the pressure off, that exercise burns many more calories than it does," adds Freedhoff. While working out does speed up your metabolism, people overestimate by how much, then consume more. The other problem is that working out ups hunger, which can lead to overeating.

### **Eat whatever you want and still lose weight**

You should certainly eat some of the things you love--a life without dessert sounds like no fun at all. But subsisting on 1,700 calories of jellybeans will do you no good. "One hundred calories of French fries will affect your body very differently than a 100-calorie apple," says Freedhoff. "The majority of your calories need to come from whole foods--primarily plant-based ones--along with some whole grains and low-fat dairy," adds Morgan.

### **The secret is giving up gluten**

If you're part of the small portion of the population who suffers from Celiac disease or some degree of gluten intolerance, you should absolutely cut the stuff from your diet. But many people who give up gluten, including those who do it for medical reasons, actually gain weight. "Being gluten-free doesn't necessarily mean eating better-for-you foods," says Morgan. "It's about selection of products." Gluten-free cookies, breads, and cereals are often higher in fat



## What's coming up?

### Friday, April 25

Regular Weekly Meeting

### Thursday, May 1

Labor Day

### Friday, May 2

Regular Weekly Meeting

### Saturday, May 3

DISTASS 2014

### Sunday, May 4

DISTASS 2014

### Tuesday, May 6

Happy Birthday!! PP Maya Padiernos

### Friday, May 9

Regular Weekly Meeting

### Thursday, May 15

Happy Birthday!! PDG Chit Lijauco

### Friday, May 16

Regular Weekly Meeting

### Friday, May 23

Regular Weekly Meeting

### Friday, May 30

Regular Weekly Meeting



## Next Week's Order of Business

### **The Rotary Club of Sta. Rosa Centro Regular Weekly Meeting El Cielito Inn**

#### **PROGRAM May 2, 2014**

Call to Order	Pres. Doray Lucero
Invocation	PP Carol Salvahan
National Anthem	AG Leni Ma
The Four Way Test	Rtn Glo Bedienes
Object of Rotary	Rtn Cecile Gabatan
Acknowledgment	PP Che Lu
Recognition	Rtn Myrna Valle
Secretary's Report	PP Precy dela Cruz
Treasurer's Report	Rtn. Geralyn Dee
Committee Reports	Committee Chairpersons
President's Time	Pres. Doray Lucero
Centro Hymn	

**Chairwoman of the Night :  
PP Jacqui Victoria**



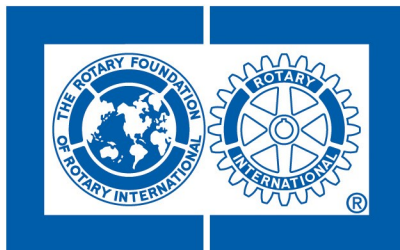
## Roster of Members

	NAME	ID No	CLASSIFICATION	BIRTHDAY	E-MAIL
1	Arcillas, Arlene "Mayor"	8275828	City Representative	31-Jul	<a href="mailto:arlene.arcillas@gmail.com">arlene.arcillas@gmail.com</a>
2	Bedienes, Gloria "Glo"	8612318	Trading	14-Apr	<a href="mailto:g_delbarrio@yahoo.com">g_delbarrio@yahoo.com</a>
3	Cuya, Delphi Penelope "Pen"	8275831	Healthcare	12-Feb	<a href="mailto:c_dpenelope@yahoo.com">c_dpenelope@yahoo.com</a>
4	Dee, Ma GERALYN "Jay"	8574451	Interior Design	9-Dec	<a href="mailto:geralyn_dee@yahoo.com.au">geralyn_dee@yahoo.com.au</a>
5	Dee, Jennifer	8773225	Pediatrician	20-Mar	<a href="mailto:jenmd320@yahoo.com">jenmd320@yahoo.com</a>
6	Dela Cruz, Priscila "Precy"	5333454	Leasing	24-Aug	<a href="mailto:pre_z@yahoo.com">pre_z@yahoo.com</a>
7	Dictado, Zenaida "Zeny"	6416676	Pallet Manufacturing	14-Sep	<a href="mailto:zenydictado@yahoo.com">zenydictado@yahoo.com</a>
8	Gabatan, Ma. Cecilia "Cecile"	8612321	Real Estate Broker	27-Oct	<a href="mailto:ana_clariz06@yahoo.com">ana_clariz06@yahoo.com</a>
9	Gonzales, Mary Ann "Ma An"	5333525	Real Estate Developer/Brokerage	20-Mar	<a href="mailto:maryann.gonzales888@yahoo.com">maryann.gonzales888@yahoo.com</a>
10	Laranga, Evelyn "Evs"	8465660	Education	25-Jul	<a href="mailto:laranqayves@yahoo.com">laranqayves@yahoo.com</a>
11	Lijawco, Consuelo "Chit"	5333445	Magazine Editing	15-May	<a href="mailto:chitli@yahoo.com">chitli@yahoo.com</a>
12	Lu, Cheryl "Che"	5333496	Pest Control Services	17-Apr	<a href="mailto:cheanton2004@yahoo.com">cheanton2004@yahoo.com</a>
13	Lucero, Teodora "Doray"	8045358	Midwife	18-Sep	<a href="mailto:teodora_lucero@yahoo.com">teodora_lucero@yahoo.com</a>
14	Ma, Elenita "Leni"	6261683	Dentist	10-Jan	<a href="mailto:docleni110@yahoo.com">docleni110@yahoo.com</a>
15	Padiernos, May Grace "Maya"	5944127	Furniture Retail	6-May	<a href="mailto:mavapadiernos@yahoo.com">mavapadiernos@yahoo.com</a>
16	Pineda, Joel Liza "Liza"	7019336	Human Resource Provider	30-Mar	<a href="mailto:joellizapineda@yahoo.com">joellizapineda@yahoo.com</a>
17	Ramos, Hazel "Hazel"	6165816	Money Lending	1-Jul	<a href="mailto:hazel_agnes1968@yahoo.com.ph">hazel_agnes1968@yahoo.com.ph</a>
18	Salandanan, Aurelyn	8773229	Obstetrics-Gynecologist		
19	Salvahan, Carolina "Carol"	5333457	Window Fashion Contractor	4-Jul	<a href="mailto:cvsalvahan47@yahoo.com">cvsalvahan47@yahoo.com</a>
20	Santillan, Shiela "Shiela"	8574457	Restaurateur	2-Apr	<a href="mailto:shiela402@yahoo.com">shiela402@yahoo.com</a>
21	Tadeo, Carmela "Mel"	8415873	Logistics	24-Dec	<a href="mailto:carmela@gnf.com.ph">carmela@gnf.com.ph</a>
22	Valle, Myrna "Myrna"	8482805	Strategic Planning	21-Dec	<a href="mailto:myrna.valle@yahoo.com">myrna.valle@yahoo.com</a>
23	Victoria, Jacqueline "Jackie"	6556182	Watch Services	7-Nov	<a href="mailto:ustyle04@yahoo.com">ustyle04@yahoo.com</a>



## Special Observances

July 2013	Start of Rotary Year/Public Relation Month
August 2013	Membership & Extension Month
September 2013	New Generation Month
October 2013	Vocational Month
November 2013	The Rotary Foundation Month
December 2013	Family Month
January 2014	Rotary Awareness Month
February 2014	Rotary Anniversary
March 2014	Literacy Month/ World Rotaract Week
April 2014	Magazine Month
May 2014	Rotary Trainings
June 2014	Rotary Fellowship Month



**Where to make up****MONDAY**

RC Alaminos	3:00 PM - Crescent's Bakery, Del Pilar St., Alaminos
RC Los Baños	6:30 PM - Mernel's Restaurant
RC San Pedro East	7:30 PM - Pacita Library, Pacita Complex

**TUESDAY**

RC Cabuyao	7:30 PM - Kampanang Ginto Bldg., Cabuyao
RC Cabuyao Circle	7:30 PM - Kampanang Ginto Bldg. er 6
RC Los Baños Makiling	5:30 PM - UPLB Campus
RC Bay	7:30 PM - Kitchenette, Bgy. Dila
RC West Bay	5:30 PM - Maharlika Inn, Maharlika Village, Los Baños
RC San Pablo	2:30 PM - Max's Restaurant, Maharlika Hi-way
RC San Pablo Central	6:00 PM - Max's Restaurant, Maharlika Hi-way
RC San Pedro	8:00 PM - CSP Public Library, Open Space Park, Pacita Complex

**WEDNESDAY**

RC Sta. Rosa South	8:00 PM - Rotary Day Care Center Ph1-C SLV
RC Calamba	1:30 AM - New Hope Intervention Center
RC Sta. Cruz	7:30 AM - PWJ Annex Bldg.
RC San Pablo City South	12:00 NN - Mega Disco, Maharlika Hi-way

**THURSDAY**

RC Metro San Pedro	7:00 PM - Bgy. San Vicente Satellite Office Library
RC SPS New Gen	8:30 PM - Kabayan Steakhauz, Pacita Avenue
RC Sta. Rosa	7:30 PM - Handaang Pilipino Restaurant (HPR)
RC Calamba City	11:30 AM - Riverview Resort & Conference Center
RC Siniloan	8:00 PM - LA Bldg. Siniloan Technical Vocational & Sciences HS

**FRIDAY**

RC Biñan	7:30 PM - Le Garden Restaurant, Carmona
RC San Pedro South	8:00 PM - Bgy. SK Library, PH2 Pacita Complex 1
RC San Rosa Centro	7:30 PM - El Cielito Inn, Sta. Rosa
RC Pagsanjan	7:30 PM - Picos Restaurant
RC Infanta	7:00 PM - 2nd Fl. Cajucom Bldg. Rizal St.
RC Nagcarlan	7:30 PM - Cuento's Residence, P. Coronado St.

**SATURDAY**

RC Laguna Technopark	8:00 PM - Mocha Blends, Humana Center
RC Silangan San Pedro	12:30 PM - RC Silangan Clubhouse, Dagatan Blvd.
RC Rizal	7:00 PM - Ador & Erlyn's Function Hall, Zamora St.

**SUNDAY**

RC Cavinti	2:00 PM - Bgy. Inaoawan
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