

Engage Rotary



Change Lives

The CENTRO

Official Weekly Bulletin



**Rotary Club of Sta. Rosa Centro RI District 3820
Outstanding Club RY 2012-2013**

The Rotary Club of Sta. Rosa Centro meets at :

El Cielito Inn, Sta. Rosa-Tagaytay Road, Sta. Rosa, Laguna every Friday at 7:00pm

Club website: www.rcstarosacentro.org

Club e-mail : rcstarosacentro@outlook.com

Rotary Year 2013-2014

Executive Officers

Teodora Lucero	President
Mayor Arlene Arcillas	President Elect
Delphi Penelope Cuya	PN/Vice President
PP Priscila Dela Cruz	Secretary
Myrna Valle	Executive Secretary
IPP Joel Liza Pineda	Ex-Officio
Ma Geralyn Dee	Treasurer
PP Cheryl Lu	Sergeant-at-Arms
PP Zenaida Dictado	Finance

Committee Chairs

Evelyn Laranga	Club Service Projects
PP Carolina Salvahan	Membership
Myrna Valle	Public Relations
Delphi Penelope Cuya	Club Admin
IPP Joel Liza Pineda	The Rotary Foundation
PDG Consuelo Lijauco	Training/Club Trainor
PP Elenita Lantin Ma	Asst. Club Trainor
Annaliza Maglian	Community
PP Maryann Gonzales	Vocational
PE Mayor Arlene Arcillas	International
PP Hazel Ramos	Youth
PP Maya Grace Padiernos	Special



The CENTRO

Official Weekly Bulletin
Rotary Club of the West Centro RI District 3220
Outstanding Club NY 2012-2013



The Rotary Club of the West Centro RI District 3220
is a member of the West Centro RI District 3220
Club and is a member of the West Centro RI District 3220
District and is a member of the West Centro RI District 3220

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**The Rotary Club of Sta. Rosa Centro
Regular Weekly Meeting
El Cielito Inn**

**P R O G R A M
February 14, 2014**

Call to Order	Pres. Doray Lucero
Invocation	PN Pen Cuya
National Anthem	AG Leni Ma
The Four Way Test	Rtn Myrna Valle
Object of Rotary	Rtn Glo Bedienes
Acknowledgment	Rtn Cecile Gabatan
Recognition	PP Jacqui Victoria
Secretary's Report	PP Precy dela Cruz
Treasurer's Report	Rtn. Geralyn Dee
Committee Reports	Committee Chairpersons
President's Time	Pres. Doray Lucero
Centro Hymn	

**Chairwoman of the Night :
IPP Liza Pineda**

**If any person is unable to fulfill their positions as above please
make arrangements with another Rotarian to take your place.**

INVOCATION



Creator and sustainer of all that is or will ever be, accept our thanks for this day and all its blessings. We ask that you guide and direct our club, its leaders and our actions. Grant that each of us may feel our responsibility to Rotary, to our community, to our country, and indeed to all countries and peoples. Bless our fellowship today, and bless this food to the nourishment of our bodies, in your service. Amen.



THE OBJECT OF ROTARY

THE OBJECT OF ROTARY IS TO ENCOURAGE AND FOSTER THE IDEAL OF SERVICE AS A BASIS OF WORTHY ENTERPRISE AND, IN PARTICULAR, TO ENCOURAGE AND FOSTER:

1. THE DEVELOPMENT OF ACQUAINTANCE AS AN OPPORTUNITY FOR SERVICE;
2. HIGH ETHICAL STANDARDS IN BUSINESS AND PROFESSIONS; THE RECOGNITION OF THE WORTHINESS OF ALL USEFUL OCCUPATIONS; AND THE DIGNIFYING OF EACH ROTARIAN'S OCCUPATION AS AN OPPORTUNITY TO SERVE SOCIETY;
3. THE APPLICATION OF THE IDEAL OF SERVICE IN EACH ROTARIAN'S PERSONAL, BUSINESS, AND COMMUNITY LIFE;
4. THE ADVANCEMENT OF INTERNATIONAL UNDERSTANDING, GOODWILL, AND PEACE THROUGH A WORLD FELLOWSHIP OF BUSINESS AND PROFESSIONAL PERSONS UNITED IN THE IDEAL OF SERVICE.

♪♪●*Sweet Rotary♪♪●
(The Centro Hymn)

When it began
I can't believe it happened
But then I know it's going strong
2001

That's when it came to being
Who'd have believed we'll grow to
be...

Hands, touching hands
Reaching out, touching me, touch-
ing you

Sweet Rotary
Sta. Rosa Centro's good
I've been inclined
To believe we're going strong
And now, I...

Look all around
So many help is needed
C'mon, together I know we could

And when we hurt,
We can just smile and bear it
'Coz we were born to serve and be....

Warm, touching warm
Reaching out, touching me, touching you
Sweet Rotary
Sta. Rosa Centro's good
We're going strong
We are here for all of you
Sweet Rotary Sta. Rosa Centro's...
GREAT!



The 4-Way Test
Of the things we
think, say or do

- 1. Is it the TRUTH?**
- 2. Is it FAIR to all concerned?**
- 3. Will it build GOODWILL and BETTER FRIENDSHIPS?**
- 4. Will it be BENEFICIAL to all concerned?**





President's Message

Pleasant day ladies!

We would like to enjoin everyone to join the following events:

- The District Conference on March 28-29, 2014 to be held at Taal Vista Hotel in Tagaytay. For the 1st Night Competition, the Rotary Club of Tanauan with the approval of District Governor Danny Ona has decided to have a Broadway Musicales Competition, "Rotary Goes Broadway". This is a First Class Competition for our First Class Rotarians to participate in or to simply enjoy watching.
- District Sportsfest in Naga on March 1, 2014
- Inter-city Sportsfest, Pramana Clubhouse, February 14, 2014

Hope to see you at these events.

First Class President Teodora "Doray" Lucero



Editorial

by Dir Myrna Valle

What's in Store in 2014 for the Centro Ladies?

Kung Hei Fat Choi! Kiong Hee Huat Tsai! Happy Chinese New Year!

Barely have we gotten over our post-holiday blues when, lo and behold! It's the Chinese New Year! And for the Rotary Club of Sta. Rosa Centro, it's another chance to huddle and see what's in store for us in this bright new Year of the Wooden Horse.



Year of the Ox

Gov. Chit, Rtn. Glo and Rtn. Sheila

Love is in the air for the hardworking Ox! Relationships will bloom and grow, and our three lovely Centro Oxen will find themselves very attractive and popular, enough for their significant others to be quite "selos", making them feel abit caged, and for minor squabbles to come up. Health and success are looking good, but please watch out for betrayals and burglaries. Their secret friend is the Rat, so make sure to keep a Rat close by!



Year of the Tiger

Rtn. Myrna

Our sole Centro Tigress will enjoy a year of career and health benefits, which translates into increased joy and fulfilment in giving service. Work will tend to be readily available, maybe so much that there might be a possibility to get lost in the details and organization needed to keep things running smoothly. Like the Oxen, our Tigress may encounter risks of betrayal and burglaries. Secret ally is the Pig.

Editorial



Year of the Rabbit

PP Zeny and Rtn Cecile

It will be a creative year for our two Rabbits, a time for personal growth and development shall prosper. New ways and opportunities to enjoy and explore their creativity will crop up, making 2014 a fulfilling year. Social engagements will abound, opening doors to new and exciting experiences as well as new friendships and acquaintances. While it may not seem possible to have too much of a good thing, our Rabbits must be careful about being careless and stepping on other people's toes. Be sure do always have a Dog friend around!



Year of the Dragon

Rtn Mel

For 2014, the family reigns supreme for our Centro Dragon. This is a good time to strengthen family ties, improve or renovate the home, and even invest in additional properties – maybe a larger, more beautiful home? Our Dragon's nurturing nature becomes even stronger, taking priority over worldly ambitions and gain, though it could also be a good time to start new ventures and partnerships. Secret friend is the Rooster.



Year of the Snake

PP Maya

Our Centro lady born under the Year of the Snake will enjoy a year of learning and gaining new knowledge and skills. New and exciting ideas will abound, and she will find it easy to comprehend even complicated subjects and problems. Friends and colleagues will be extra helpful, making targets and objectives easier to achieve for her. However, our Snake is cautioned against taking in too many tasks as she could be accident-prone, and may not finish started projects. She can always get a little help from Monkey allies.

Editorial



Year of the Horse

PP Precy, PP Leni, PN Pen and Rtn Jen

We have four Horses in Centro! And 2014 is their year! Our Centro horses can expect to enjoy the fruits of their past earning power and values, plus there are opportunities to improve their financial situation. Talents and even hobbies could become instrumental in attracting more income. What's more, our lucky Centro horses could receive expensive gifts and even inheritance this year! But! Be careful about overspending because of an increased feeling of prosperity. Maybe your secret ally the Sheep can help stop the splurging?



Year of the Sheep

PP Carol, Pres. Doray

Our Sheep ladies will have a year of good vibes – they will feel confident, optimistic and generous, thus making this year truly relaxed and pleasant. This positive, can-do attitude will translate to improvements in their immediate surroundings, making challenges easier to face and their personal ambitions more reachable. If our Sheep ladies have some unfulfilled dreams or plans in the past, this would be a good time to try again. Be forewarned however, of the tendency to overindulge that could cause health problems, and in overspending that could drain the resources. Secret ally the Horse could probably help!



Year of the Monkey

PP Hazel, PP Jackie and Rtn Geralyn

Our three Centro Monkeys will find gratification in volunteerism and helping others this year. Charity work will be very fulfilling, finding that helping others actually help them, in particular in getting rid of deep-seated fears and guilt feelings of the past. Spiritual pursuits and activities will be most fruitful this year. New love affairs may present challenges, as they may be better off kept from public scrutiny; while existing affairs might require some sacrifice. The universe may be asking our Monkeys to surrender their attachments and build faith. Secret ally is the Snake.

Editorial



Year of the Rooster

PP Mean, PE Mayor Arlene

Friendships and networking activities will be the spotlights for our Centro Roosters in 2014. This year is the best time to formulate long term goals, build new friendships or join clubs and organizations. They will feel very optimistic, and will translate to the easy realization of dreams and goals. If our Roosters venture into bigger circles, it could open new and exciting doors, bringing added joys. They will also find themselves entertaining often, playing hostesses to gatherings of friends and family. Caution is given against lethargy. The Dragon is their ally.



Year of the Dog

PP Che, Rtn Evs

Our two Centro Dogs can look forward to professional success and increased opportunity for advancement in career and business. They will find herself in the limelight, looked favourably by authority figures like superiors, employers and persons of authority. So this is not the time to be shy! They must go out there and shine to reap the rewards. Our Dogs are advised to improve on communications as they may have to present ideas with more conviction and authority. Surely, their friend the Rabbit can help during this very lucky year!



Year of the Pig

PP Liza

Our only Centro Pig is set to have a philosophical year ahead, with opportunities for travel, higher studies, and meeting people with diverse backgrounds. She will feel intellectually curious and will benefit from academic pursuits and other learning activities. Business dealings, in particular long-distance ones involving promotions will very likely be profitable. Legal matters will also be in her favour. She should be careful, however, to keep a humble attitude. Maybe her friend the Tiger can keep her feet on the ground.

Sources: Business Mirror Chinese New Year Special (1 Feb 2014 issue) and Philippine Star "Feng Shui Outlook for Year of the Horse 2014" (31 January 2014 issue).



Glimpses

Tribute to PDG Ramon Cumagun
Acacia Hotel, Alabang
February 12, 2014





Glimpses

Regular Meeting & Fellowship
Buffet 101, Manila
February 7, 2014

**Happy Birthday
Rtn Mel!!**



Rotary



ROTARY INTERNATIONAL

Updates

Polio Eradication: 2013 Year in Review and How You Can Help in 2014” Webinar

There is an upcoming event that you may want to attend. A “Polio Eradication: 2013 Year in Review and How You Can Help in 2014” webinar will be held on 18 February at 10:00 AM to 11:00 AM Central Standard Time in English only. There will be an update on polio eradication: what happened in 2013, progress made in polio-endemic countries, and the impact of polio outbreaks. Get ideas on how you can support polio eradication through fundraising (how to maximize donations through the newest Gates agreement), advocating and awareness-building. If you are able to attend, please register at:<https://attendee.gotowebinar.com/register/889344733320840194>

Space is limited to 500 attendees. If you are unable to attend on 18 February, the webinar will be recorded and available for viewing at your convenience.





Reflections

“Who would be interested in a garden containing flowers of one species or one color only? Variety has been truly said to be the spice of life. Sameness is monotonous, depressing.”

(Paul, Harris This Rotarian Age, page 87)



***“Work for a cause, not for applause.
Live your life to express, not to
impress, don't strive to make your
presence noticed, just make your
absence felt.”***

LET US INTRODUCE YOU TO
OUR ROTARY.

ROTARY BASICS

Your Rotary membership starts in your club. Getting involved will develop your leadership skills and knowledge and build lifelong friendships. Rotary brings together leaders — people like you who want to make a difference. We're here to provide you with the resources and opportunities to improve your community and create change in the world.

GET INVOLVED

When you get involved, it's not just your community, club, and projects that benefit — you benefit, too. As an active Rotarian, you'll develop skills like public speaking, project management, and event planning. You'll meet interesting people from your community and from around the world. You'll tackle local issues that are important to you and your fellow club members. You'll feel the shared sense of purpose that comes from working together to better your community. When it comes to being an active Rotarian, the opportunities are endless. Here are some ways to get involved.

START LOCAL AND HELP YOUR COMMUNITY.

Volunteer to help with your club's signature service project. Get involved with one of the programs sponsored by your club.

Identify a need in your community and design a hands-on project that addresses it.

Collaborate with other clubs in your area, including Interact and Rotaract clubs, on a joint service project or event.

ROTARY BASICS

Share your ideas about how to achieve club and project goals with club leaders, and take the lead on carrying them out. Your suggestions could become the next big initiative in your community.

GO GLOBAL THROUGH ROTARY.

Participate in Rotary's international service projects.

Browse others' projects on Rotary Showcase at www.rotary.org to inspire local initiatives.

Support The Rotary Foundation, which provides millions of dollars in grants for Rotary's humanitarian service efforts around the world.

Attend Rotary events to exchange ideas and celebrate with members around the globe.

Host a Rotary Youth Exchange student visiting your district, and learn about another culture.

Learn with other Rotarians by attending the Rotary International Convention.

Give to PolioPlus and join the movement to End Polio Now. For only 60 cents, you can vaccinate a child against polio.





For your Information

From blender gunk to stinky oven toasters: cleaning hacks to simplify your tasks

You don't need to make an issue out of cleaning the house. Putting in tiny efforts on a day-to-day basis can make general cleaning less of a chore. Here are a few hacks to simplify your tasks.

Stinky trash cans

Problem: It might seem enough to line your trashcans with garbage bags, but plastic won't take away the smells that may come from dumping all your foodstuff into the garbage.

Solution: Double up your lining in the kitchen by crumpling a few newspaper pages to line the bottom of the bag—these will absorb any dripping, juice, oil spills and smells, making cooking (and cleaning) a more pleasant experience.

Blender gunk

Problem: If you use blenders, mixers and food processors, you know they can be a huge pain to clean.

Solution: Simply fill up your appliance with warm water and just a drop of liquid soap. Turn on the blender, and allow all residue to simply mix into the water. Pour everything out and you've got a clean tool that you can simply wipe down and let dry.



Permanent ink stains

Problem: If you've got kids who write on walls, a shirt stained with permanent marker and all sorts of stubborn stains, don't despair.

Solutions: Luckily there's a fix for every type of permanent marker stain.

- For clothes, hand sanitizer can blot out any blotches.
- Applying toothpaste or hairspray can take tougher stains away from walls
- Pouring white vinegar on stained carpet can get ink out.
- If your toddler has defaced your wooden table with permanent marker, rubbing alcohol will do the trick.

Kitchen oil splatter

Problem: Grease splattered on your stove hood and cooking range.

Solution: One way to combat oil is to use more oil to wipe away the excess! Simply drop some oil onto a paper towel and wipe it over your dirty surface. When the gunk comes off, use another clean paper towel or cloth to wipe down the surface. The left over coating of oil will allow for easier clean-ups the next time you cook.



Dirty toaster ovens and microwaves

Problem: Spills and splatters can't be helped when you use a toaster oven and a microwave. And the smell can be a problem, too!

Solutions:

- For your toaster oven, wipe down the insides with a mix of baking soda and vinegar and get a stench-free, shiny new oven interior in no time.
- For your microwave, fill a microwaveable glass bowl with water and a little vinegar. Turn your microwave on for 5 minutes. The steam will soften the food stains and the vinegar will deodorize the interiors. Then, you can simply wipe down the residue inside. **DON'T FORGET:** the bowl of water will be extremely hot so handle with oven mitts.

Source: <http://ph.she.yahoo.com/from-blender-gunk-to-stinky-oven-toasters--cleaning-hacks-to-simplify-your-tasks-070340764.html>



What's coming up?

Saturday, February 15

Intercity Area Sportsfest/Fellowship

Saturday, February 22

Rotary Week Celebration

Sunday, February 23

Rotary Week Celebration

Monday, February 24

Rotary Week Celebration

Tuesday, February 25

Rotary Week Celebration

EDSA Revolution Day

Wednesday, February 26

Rotary Week Celebration

Thursday, February 27

Rotary Week Celebration

Happy Birthday!! Rtn Joen Delfino

Saturday, March 1

District Sports Fest

This month is WOMEN's MONTH!!

Sunday, March 2

District Sports Fest



Next Week's Order of Business

**The Rotary Club of Sta. Rosa Centro
Regular Weekly Meeting
El Cielito Inn**

**PROGRAM
February 21, 2014**

Call to Order	Pres. Doray Lucero
Invocation	PN Pen Cuya
National Anthem	Rtn Cecile Gabatan
The Four Way Test	Rtn Myrna Valle
Object of Rotary	Rtn Jen Dee
Acknowledgment	AG Leni Ma
Recognition	PP Jacqui Victoria
Secretary's Report	PP Precy dela Cruz
Treasurer's Report	Rtn. Geralyn Dee
Committee Reports	Committee Chairpersons
President's Time	Pres. Doray Lucero
Centro Hymn	

**Chairwoman of the Night :
Rtn Glo Bedienes**



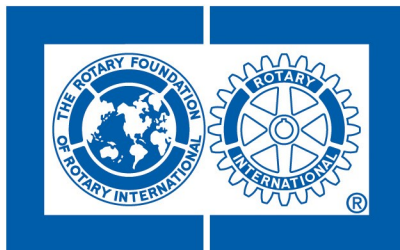
Roster of Members

	NAME	ID No	CLASSIFICATION	BIRTHDAY	E-MAIL
1	Arcillas, Arlene "Mayor"	8275828	City Representative	31-Jul	arlene.arcillas@gmail.com
2	Bedienes, Gloria "Glo"	8612318	Trading	14-Apr	g_delbarrio@yahoo.com
3	Cuya, Delphi Penelope "Pen"	8275831	Healthcare	12-Feb	c_dpenelope@yahoo.com
4	Dee, Ma Geralyn "Jay"	8574451	Interior Design	9-Dec	geralyn_dee@yahoo.com.au
5	Dee, Jennifer		Healthcare		jenmd320@yahoo.com
6	Dela Cruz, Priscila "Precy"	5333454	Leasing	24-Aug	pre_z@yahoo.com
7	Defino, Goyena "Joel"	5333469	Catering	27-Feb	joendefino@yahoo.com
8	Dictado, Zenaida "Zeny"	6416676	Pallet Manufacturing	14-Sep	zenydictado@yahoo.com
9	Gabatan, Ma. Cecilia "Cecile"	8612321	Real Estate Broker	27-Oct	ana_clariz06@yahoo.com
10	Gonzales, Mary Ann "Ma An"	5333525	Real Estate Developer/Brokerage	20-Mar	maryann.gonzales888@yahoo.com
11	Laranga, Evelyn "Evs"	8465660	Education	25-Jul	larangayves@yahoo.com
12	Lijavco, Consuelo "Chit"	5333445	Magazine Editing	15-May	chitlij@yahoo.com
13	Lu, Cheryl "Che"	5333496	Pest Control Services	17-Apr	cheanton2004@yahoo.com
14	Lucero, Teodora "Doray"	8045358	Midwife	18-Sep	teodora_lucero@yahoo.com
15	Ma, Elenita "Leni"	6261683	Dentist	10-Jan	docleni110@yahoo.com
16	Maglian, Annaliza "Kap Itchel"	4656628	Government Service	15-Jul	amaglian@yahoo.com
17	Padiernos, May Grace "Maya"	5944127	Furniture Retail	6-May	mayapadiernos@yahoo.com
18	Pineda, Joel Liza "Liza"	7019336	Human Resource	30-Mar	joellizapineda@yahoo.com
19	Ramos, Hazel "Hazel"	6165816	Money Lending	1-Jul	hazel_agnes1968@yahoo.com.ph
20	Salandanan, Aurelyn				
21	Salvahan, Carolina "Carol"	5333457	Window Fashion Contractor	4-Jul	cvsalvahan47@yahoo.com
22	Santillan, Shiela "Shiela"	8574457	Restaurateur	2-Apr	shiela402@yahoo.com
23	Tadeo, Carmela "Mel"	8415873	Logistics	24-Dec	carmela@qnf.com.ph
24	Valle, Myrna "Myrna"	8482805	Strategic Planning	21-Dec	myrna.valle@yahoo.com
25	Victoria, Jacqueline "Jackie"	6556182	Watch Services	7-Nov	ustyle04@yahoo.com



Special Observances

July 2013	Start of Rotary Year/Public Relation Month
August 2013	Membership & Extension Month
September 2013	New Generation Month
October 2013	Vocational Month
November 2013	The Rotary Foundation Month
December 2013	Family Month
January 2014	Rotary Awareness Month
February 2014	Rotary Anniversary
March 2014	Literacy Month/ World Rotaract Week
April 2014	Magazine Month
May 2014	Rotary Trainings
June 2014	Rotary Fellowship Month



Where to make up

MONDAY

RC Alaminos	3:00 PM - Crescent's Bakery, Del Pilar St., Alaminos
RC Los Baños	6:30 PM - Mernel's Restaurant
RC San Pedro East	7:30 PM - Pacita Library, Pacita Complex

TUESDAY

RC Cabuyao	7:30 PM - Kampanang Ginto Bldg., Cabuyao
RC Cabuyao Circle	7:30 PM - Kampanang Ginto Bldg. er 6
RC Los Baños Makiling	5:30 PM - UPLB Campus
RC Bay	7:30 PM - Kitchenette, Bgy. Dila
RC West Bay	5:30 PM - Maharlika Inn, Maharlika Village, Los Baños
RC San Pablo	2:30 PM - Max's Restaurant, Maharlika Hi-way
RC San Pablo Central	6:00 PM - Max's Restaurant, Maharlika Hi-way
RC San Pedro	8:00 PM - CSP Public Library, Open Space Park, Pacita Complex

WEDNESDAY

RC Sta. Rosa South	8:00 PM - Rotary Day Care Center Ph1-C SLV
RC Calamba	1:30 AM - New Hope Intervention Center
RC Sta. Cruz	7:30 AM - PWJ Annex Bldg.
RC San Pablo City South	12:00 NN - Mega Disco, Maharlika Hi-way

THURSDAY

RC Metro San Pedro	7:00 PM - Bgy. San Vicente Satellite Office Library
RC SPS New Gen	8:30 PM - Kabayan Steakhauz, Pacita Avenue
RC Sta. Rosa	7:30 PM - Handaang Pilipino Restaurant (HPR)
RC Calamba City	11:30 AM - Riverview Resort & Conference Center
RC Siniloan	8:00 PM - LA Bldg. Siniloan Technical Vocational & Sciences HS

FRIDAY

RC Biñan	7:30 PM - Le Garden Restaurant, Carmona
RC San Pedro South	8:00 PM - Bgy. SK Library, PH2 Pacita Complex 1
RC San Rosa Centro	7:30 PM - El Cielito Inn, Sta. Rosa
RC Pagsanjan	7:30 PM - Picos Restaurant
RC Infanta	7:00 PM - 2nd Fl. Cajucom Bldg. Rizal St.
RC Nagcarlan	7:30 PM - Cuento's Residence, P. Coronado St.

SATURDAY

RC Laguna Technopark	8:00 PM - Mocha Blends, Humana Center
RC Silangan San Pedro	12:30 PM - RC Silangan Clubhouse, Dagatan Blvd.
RC Rizal	7:00 PM - Ador & Erlyn's Function Hall, Zamora St.

SUNDAY

RC Cavinti	2:00 PM - Bgy. Inaoawan
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